## **REPORT**

## Adolescent health workshop

Department of psychology, providence women's college conducted a health workshop for adolescents entitled as "adolescent health workshop-2021" in association with IMA WOMEN DOCTOR WING on 29/3/2021. The main focus of this work shop is to highlights critical health care needs, and identifies service models and components of care that may strengthen and improve health, and importance of proper nutrition and sex education. Zoom meet was selected as the medium for conducting the workshop, session was started by the welcome address of HOD, the session was carried by Dr. Bala Guhan, consultant gynaecologist, the number of participants were 45. Session ended by the vote of thanks.

