

Case: 1

Name: DP , Age: 18
Department: History

Presenting Complaint: Exam Anxiety

Mental status examination

Appearance : casual

Attitude : calm and cooperative

Speech : Normal, volume with pressure

Affect : Depressed

Mood : Cooperative

Anxious, apprehensive

Memory : Intact (Difficulty to memorize things)

Insight : Awareness about the issue

Case II

Name: D

Age: 19

Department: physics

Presenting complaint: Difficulty to study.

MSE

Appearance: Casual

Attitude: Calm and Co-operative

Speech: Normal volume

Affect: Anxious

Mood: Co-operative
Depressive

Memory: Difficulty to memorize

Insight: Awareness about the issue

The problem started after the death of father. Lack of interest in study.

Case III

Name: AB Age: 18
 Department: physics

Presenting complaint: Lack of interest in study.

MSE

Appearance : Casual
 Attitude : Calm and Co-operative
 Speech : Normal
 Affect : Deps. Appropriate
 Mood : Sad, Anxious
 Memory : Intact (Recent memory : ~~low~~ difficulty to retrieve learned information during exams)
 Insight : A

problem started after the online classes. The student shows difficulty to comprehend and understand things through online mode of teaching.

Case IV

Name : N K

Age : 19

Dept : ~~Psychology~~ English

Presenting complaint : Depression.

MSE

Appearance : Casual

Attitude : Calm and Co-operative

Speech : Normal

Affect : Depressive

Mood : Anxious and sad

Memory : Intact

Insight : Awareness about the illness.

Referred to Clinical Psychology.

Case V

Date _____
Page _____

Name : DP

Age : 19

Dept : psychology.

Presenting complaints : Depression

MSE

Appearance : Casual

Attitude : Co-operative

Speech : Anxious

Affect : sad and guilty

Mood : Depressive

Memory : intact

Insight :

Referred to clinical psychologist.