# Providence Women's College, Calicut-673009



# **CRITERION 7.1.8**

Institutional initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities.

# S. No. Contents

- 1. Cultural & Religious inclusion
- 2. Love, Respect and Care
- 3. Health, Hygiene & welfare
- 4. Socio economic diversities

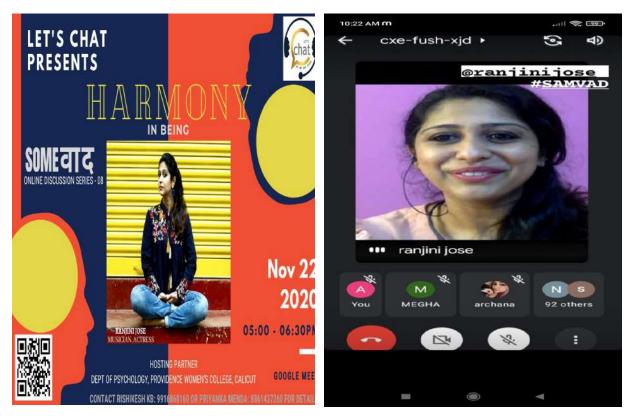
## 1. Cultural & Religious Inclusion

The relationship between culture and religion is revealed in the motivation and manifestation of cultural expression. Religion can influence the culture of an entire community, nation, or region of the world. The institution organizes programmes by including various cultural and religious aspects.



#### **Dalit studies**

The department of English Organized a webinar on the topic Dalit studies on 22nd December 2020 through google meet. The resource person of the session was Dr. Rekha Raj, Assistant Professor, Gandhian Thought and Development Studies, Mahatma Gandhi University. Dalit studies is a new field of research in India which looks at the problem of marginalised groups, namely Dalits, tribals, religious minorities, women from excluded groups, denotified tribes, physically challenged and similar groups in economic, social and political spheres. The session explains the vision of tribal groups and their rights to equality.



## Harmony in being

On 22nd November 2020, the eighth edition of the online discussion series hosted by Let's Chat discussion forum in Collaboration with the Department of Psychology. Arranged a session with Ranjini Jose (Musician, Actress). She shared her thoughts on finding harmony in following one's convictions. Rajini explained how people should give importance to harmony in their life and music is the best way to live in peace. Students were encouraged to listen to music which is the best method for relaxation.



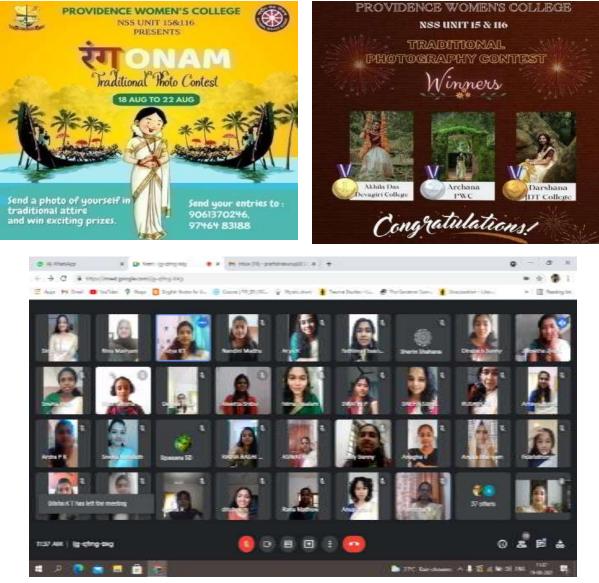
#### Eid ul Adha: Breadbox Shawarma Recipe

The Department of Commerce organized a programme on 30<sup>th</sup> July 2020 to celebrate Eid ul Adha for honouring the willingness of Ibrahim (Abraham) to sacrifice his son Ismael (Ishmael) as an act of obedience to God's command. On the occasion of Eid ul Adha, Malavika of Third B. Com contributed a "Breadbox Shawarma Recipe" which was uploaded on the department YouTube Channel 'Calypso'. The students should be encouraged to celebrate all the festivals despite the difference in caste and creed. The aim of the programme is to support all religious and cultural inclusiveness among students.



Eid-ul-fitr : Mehandi contest

On 13th may 2021, the NSS volunteers of Providence women's college conducted a mehandi contest named mendika on behalf of eid-ul-fitr. The aim of the programme was to find out the creative talents among students and to celebrate eid.



Onam

In association with the Onam celebration 2021, the NSS volunteers of Providence Women's College conducted an intercollegiate traditional photography contest on 19th August 2021. The Programs organized were Traditional Photo contest competition, Rapid fire, Funny quiz, Onam experience sharing, Onam based antakshari, Translate the song, On the spot speaking etc. Students were given an opportunity to discuss their views on the joyous occasion of Onam.



#### **CORONAM 2.0**

The Department of Mathematics and Statistics of Providence Women's College celebrated CORONAM 2.0 on 21<sup>st</sup> and 22<sup>nd</sup> of August 2021. On 21<sup>st</sup> August 2021, the department conducted a cooking competition, dance video, Onam photo competition etc. where students from various departments participated.Different tradition of Onam festival was portrayed in the programmes. Students were able to develop a different view on the importance of culture and traditions of Kerala.



#### Kerala Piravi

On 1 st November 2021, the nss students conducted the Kerala Piravi Day celebration via offline mode. Several programmes were conducted in relation with kerala piravi. Most of the students wore the traditional outfit Kerala Saree. The day was adorned with songs, dance, games etc. The day is celebrated to commemorate the birth of Kerala as an independent State in the Republic of India on November 1, 1956. No matter which state the students belong to and what language they speak, they celebrate the day together in harmony.



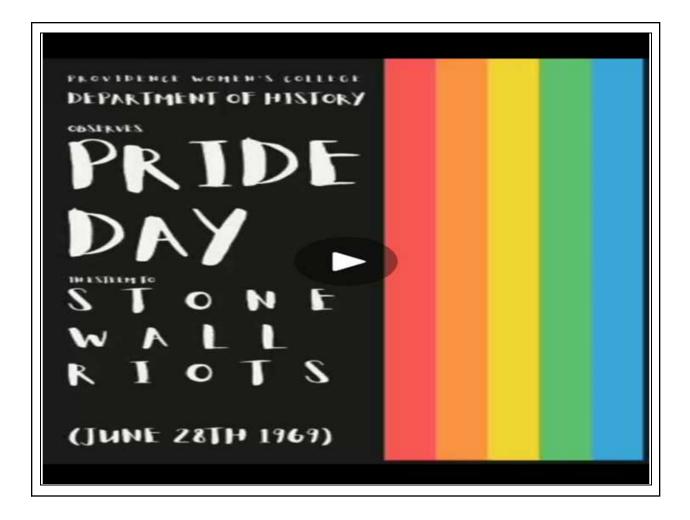
## **Coconut Day**

The Department of Commerce organized a programme on 2nd september 2020 as part of observing Coconut Day, Fara of Third B. Com contributed a Recipe of Coconut Pudding on behalf of ED Club. The video was uploaded on the Department YouTube channel 'calypso'.The day is celebrated to highlight and raise awareness about the importance and benefits of coconut.



## **Photography contest**

On 18th August 2020, the department of Commerce organized a Photography contest as part of World Photography Day under 'Elton club'. The theme for the competition was 'Flower Photography'. World Photography Day is an annual celebration of art, science, and history of photography. It is observed every year on August 19th to pay tribute to the art of photography. The aim is to encourage students who want to pursue photography as a hobby or career and to appreciate their talents.



#### **Pride Day**

On 28<sup>th</sup> of June 2021,Department of History observed the Pride Day in memory of The StoneWall Riot which took place in 1969.The students of the department presented a video on the history of the stonewall riot and the struggles that the LGBTQ community faces.This video reflected the thoughts and feelings of LGBTQ+ community and society's attitude towards them. The video ended up giving a social message saying they are also human beings so consider them too.



#### Azure

The Department of Commerce released it's magazine, "Azure", digitally on 12th August 2020. The Chief Guest was Retired Assistant Professor Mrs. Suchitra.P, who provided her Guest note as a video, which was subsequently uploaded on the Calypso Channel. The Department also organized an interclass "Ludo Fest" to celebrate International Youth Day. The magazine portrays the talents, abilities, skills, knowledge, attitudes of the students of the department.



## Meet the Scientist

The Department of Physics arranged the association inauguration on 15th august 2020. The Principal Dr. Sr. Ashmitha conveyed her blessings and Independence Day wishes.YouTube Channel was launched by Mr.Devarajan P,Calicut V4U fame through a video. The association is formed to convert a student's talents and knowledge for the betterment of society. The department encouraged students to be an active member of the association and use their abilities for the upliftment of the society.

## 2. Love, Respect & Care

The institution organizes programmes to develop love, respect and care among students belonging to different communities. Staff and students belonging to different caste, creed and culture work together for the empowerment of women with Dignity.



#### Pothichor: Meal a day

The NSS Unit of the college arranged a programme Serve a home cooked Meal to needy (Pothichor on Christmas day) on 25th december 2020. The social service activity assigned to the volunteers was to cook and serve one meal (Pothichor) to any impoverished or poverty stricken individual. It was an eye opener moment for the volunteers to go out into the community to serve the underprivileged within our society. All the volunteers enthusiastically participated in the activity. As a part of this activity, volunteers contributed to cooking and also shared their food among the needy.



#### Share the love on Christmas

The department of Business Administration celebrated Christmas with Mayo Old Age Home, Malaparamba on 25th December 2020. Students and teachers of the department presented them some gifts & cake. The inmates of the old age home shared their feelings and joy on the occasion. The aim of the interaction is to make the student understand the value of an elder person in their family and to respect them and to spend a quality time with them.



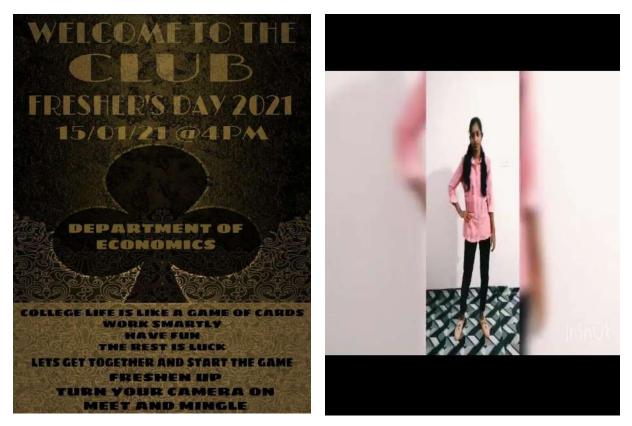
## Ormayil oru Pookalam

The Department of Mathematics & Statistics arranged an online farewell to the retired staff Ms. Suchithra.E (HOD of Statistics department) on 5th June 2020. The Students and teachers of the department honoured Ms. Suchithra by cherishing the moments shared with her. The programme was conducted through zoom meet where the students, teachers, retired teachers and Ms. Suchitra's relatives shared their memories. Students presented gifts and created a video presentation on her valuable service to the college.



#### **Snehadharam : Alumni meet**

Department of Mathematics & Statistics organized a programme "Snehadharam "an alumni meet to honour all the teachers, in association with Teacher's day. All the alumnae, faculties and students were part of the programme. The retired, former and present faculties of the department were honoured by the students as a token love on 23rd september 2020 through google meet. The programmes arranged were talks by the alumnae faculties, games, quiz and video presentation.



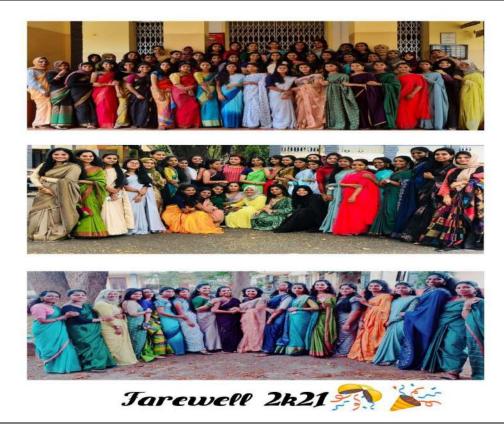
Let's get together and Freshen up

The Department of Economics organized a Fresher's day programme on 15th january 2021 . Final years arranged an online google meet for their juniors. Many programmes were organized and conducted through online platforms. Students portrayed their love and care towards the juniors and enthusiastically welcomed them to the campus.



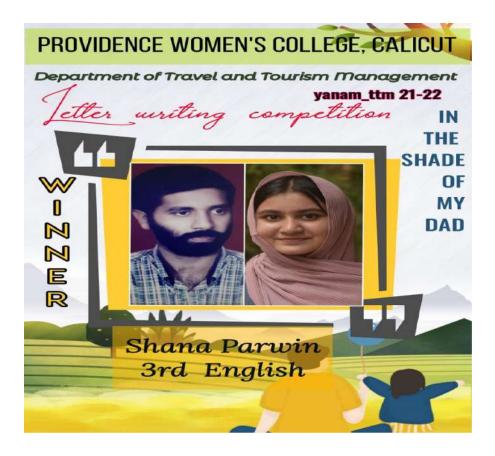
Past days : Farewell party

The students of the Department of Physics organized a farewell program for their seniors on 24th March 2021. The students shared their experiences and showcased their love towards their seniors through various programmes. Teachers and juniors expressed their good wishes to the final year students.



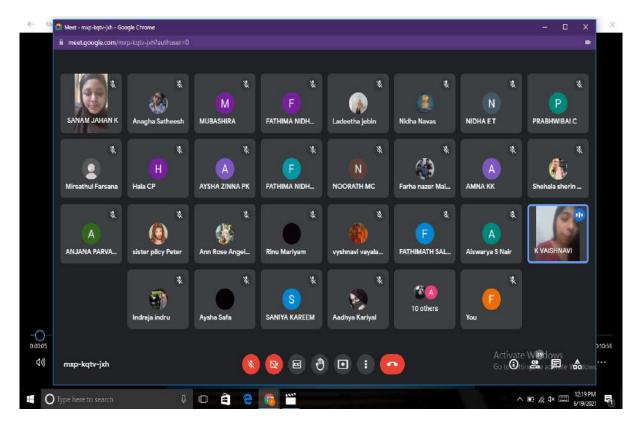
'Adeus Festa'

The 2nd year students of the Economics department organized a farewell party 'Adeus Festa' on 31st March 2021 in the college Auditorium. The program commenced at 10:30 am with a grand welcome for the 3rd year students. The students and teachers of the department shared their memories, nostalgic events and inspiring experiences. The teachers wished all the final year students at the end of the program. Teachers shared their love and blessings on the occasion.



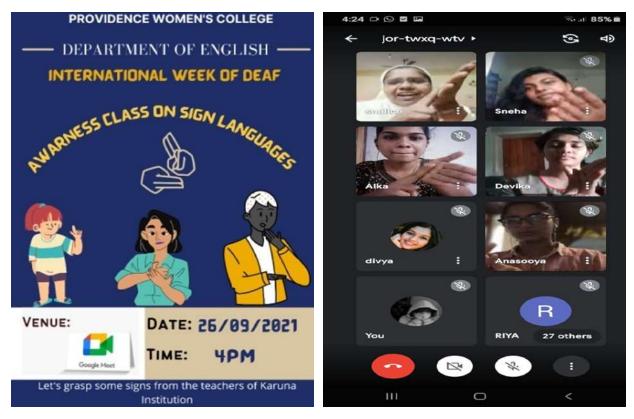
## In the Shade of my Dad

On 20th June 2021, the Department of Travel and Tourism Management conducted a letter writing competition named "IN THE SHADE OF MY DAD" in which students have to write a letter to their fathers, in the competition few students participated from the college as well as from outside the college. This competition gives students an opportunity to share their feelings and love towards their father. The focus was to make students aware about the sacrifices a father makes for the betterment of the child.



LOVE TO READ

On 19th June 2021, Department of Travel and Tourism Management celebrated LOVE TO READ in connection with READING WEEK. The program commenced at 12:15pm on Saturday. Students from second year BTTM and third year BTTM along with teachers participated in the program. The aim of the programme was to generate a reading habit among students which will shape their attitude towards society. The reading habit will create more values like humanity, patience, sympathy, love and care among students.



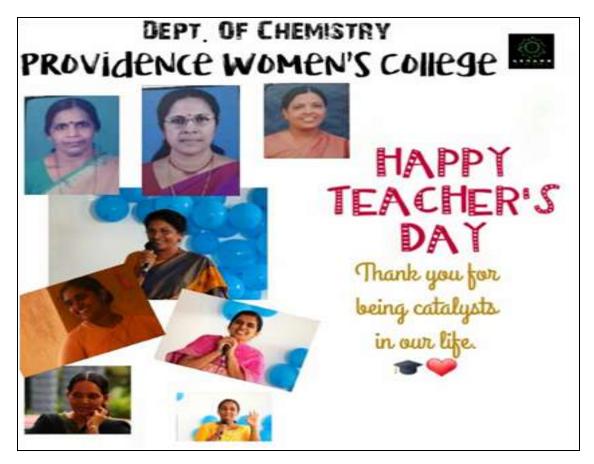
Sign language

The department of English organized an awareness class on sign languages, as part of observing the International Week of the Deaf on 26th September 2021, where teachers of Karuna Institute for the Dumb and Deaf gave insights to our students about the use of sign language. The feelings and difficulties of a deaf and dumb person were shared during the session. The students of the department also tried to learn sign language and actively interacted with them. The session was mainly developed to make students aware about the life of Differently abled person and the heights that they can reach independently.



## Love for Teachers

The students of Physics department shared their love for the teachers of Physics department on teachers day. Students created a video, shared their experiences and showcased how a teacher mold the character of a student. Respect towards their teachers was expressed on the occasion.



## **Mentor's Special Day**

Teacher's day programme was conducted through google meet on 05.09.2020 at 9 AM to honour and felicitate the teachersvof the department by the students. Then a video prepared by students for teachers was presented. Representatives of the students talked about their interaction with each teacher and their experiences in the department.



## **Happy Retirement**

The department of Physics organized a retirement party on 24th march 2021 for Ms. Sumangla and Ms. Gigi. The teachers and students of the department shared their good memories with Ms. Sumangla and Ms. Gigi. Students organized programmes as a tribute to the services of the retiring staff on campus.

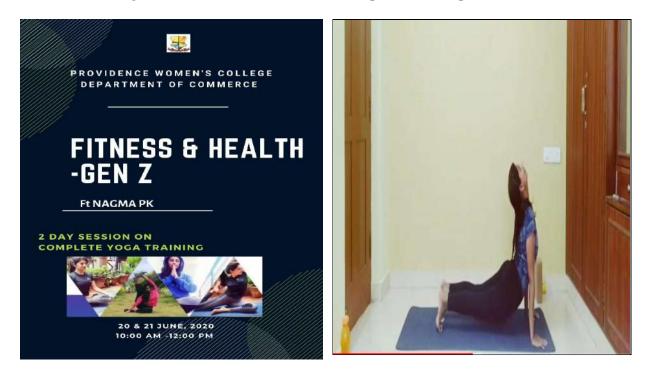


#### **Honouring the Service**

On 26th February 2021 the department organized a farewell party to the Head of the department Ms. Gigi Abraham and honoured her for the 28 years of compassionate service to the department. Teachers and students shared their beautiful memories and created a video showcasing her service. The department of Chemistry also arranged a farewell party to Mr. Rajan, who served as laboratory assistant in the department for five years. The teachers and students arranged the farewell on 2nd November 2021 to honour his selfless service to the department.

## 3. Health, Hygiene & Family Welfare

The institution arranges programmes for the wellbeing of staff and students. The ultimate aim is to encourage students to maintain health and prevent the spread of diseases.



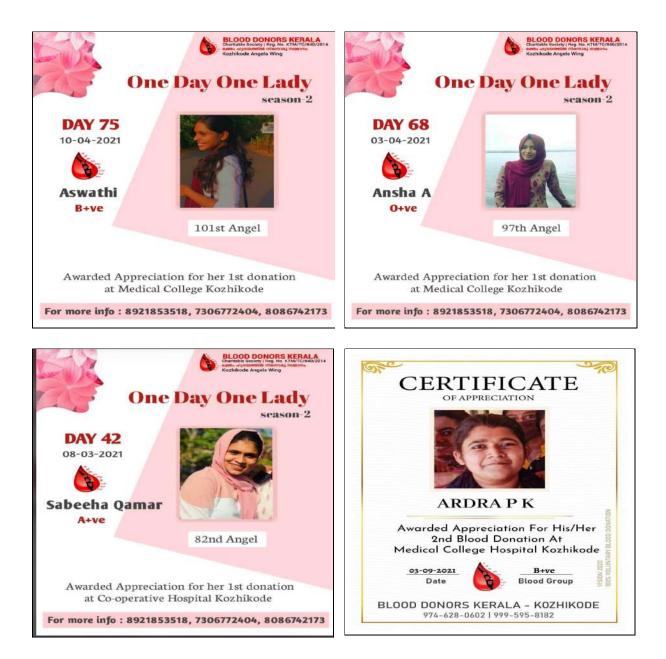
## Get Relaxed with Yoga

On International Yoga day, the Department of Commerce arranged 2 day online yoga sessions for students and teachers. Naghma P K, our alumni, was the fitness coach for the session. The timing of the session was 10 am to 12 pm on both days. Majority of students participated in the session and they felt relieved. The staff and students were able to relax after the Yoga session. The resource person also shared the need for Yoga in the daily life of a person as it improves flexibility, stress relief, improves mental health, reduces inflammation, increases your strength, reduces anxiety, improves quality of life, boosts immunity etc.



## Stem cell donation as an aid to treatment

The Nss unit of Providence Women's College has organized a stem cell donation class to spread awareness and motivate volunteers to become active stem cell donors. As a part of the programme, Jeevitha Jyothi Biju after participating in a webinar conducted on 15th February 2021, became an active stem cell registered donor. After understanding the importance of stem cell donation (stem cells are being used to treat a wide variety of serious blood and bone marrow diseases, such as leukemia. As such, more and more healthcare services are requesting stem cell donations to aid in their treatments.) The aim is to build a service mentality towards mankind.



## **One day One lady : Blood Donation**

The NSS volunteers of the institution are active members in blood donation forums. Many volunteers have shown deep interest in donating their blood during the distress. The students have courageously come forward to donate blood during covid 19 pandemic. The motto behind the donation is to make a decision to donate blood that can save a life.



#### Food for Destitute

As part of International day in support of victims of torture, Department of Travel and Tourism donated Rs.5000 for one full day food for destitute in Balikasadanam,Cheruvatta,Calicut on 27th June 2021. Students were encouraged to share a meal or an amount of money towards welfare activities towards society.

## 4. Socio economic diversities

The social standing of individuals who are members of the institution influence their learning skills. The institutions include people having the same social, economic, political and educational status. The programmes organized by the college allows a student to confidently meet the socio-economic challenges.



#### Economic & Financial impact of COVID-19 in India

The Department of commerce organized an Inter collegiate paper presentation competition on the topic "Economic & Financial impact of COVID-19 in India". Covid 19 is not only a global pandemic and public health crisis; it has also severely affected the global economy and financial markets. The presentation was organized on 10th June 2020 and the aim behind the paper presentation is to develop ideas to overcome the problems that covid has created for the business world. There were 42 students participating in the event and Sneha Mariam Faison, St.Thomas College, Kozhencherry, Kottayam won Best Paper Award.The title of her presentation was Covid 19 impact: Where is India's economy moving towards."



#### Follow Protocols : Sanitisation-Mask-Social Distancing

Sticking of posters to create awareness in public space was undertaken by the NSS students. Posters depicting SMS (Sanitisation-Mask-Social Distancing) and the need to understand the gravity of a Covid struck nation and maintaining caution were circulated in public spaces by the volunteers on 18th of August 2020. The programme aimed to generate awareness on following covid protocols and maintaining social distancing.



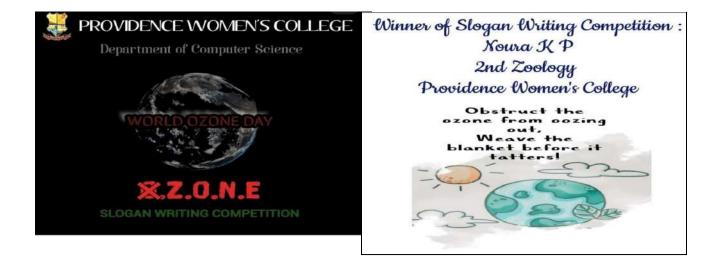
## **Read for Education**

NSS volunteers of the college organized a Book donation to various public libraries across the state on 19th August 2020. The stamp of an NSS volunteer from Providence College has been made in public libraries, anganavadi, old age home, school libraries in various nook and corner of the state through the books they donated representing their unit and college. The book donation aims to increase reading habits and to educate students about equality and the right to education in society.



## **Covid Speak Series**

The Radioclub of English Department organized a Covid Speak Series at Akashavani, Manjeri on 13th september 2020 where Ayisha Nilufer, from 2<sup>nd</sup> BA English spoke and brought to light the various activities in which the institution extended a helping hand to the society in general and the students in particular.



#### Save life Protect the Ozone

The Department of Computer Science celebrated World Ozone Day on 13th of September 2020.In 1976, atmospheric research revealed that the ozone layer was being depleted by chemicals released by industry, mainly chlorofluorocarbons (CFCs). The United Nations General Assembly has designated September 16 as the International Day for the Preservation of the Ozone Layer.



#### **Tourism and Rural Development**

The Department of Travel and Tourism Management organized a talk on Tourism and Rural Development as part of World Tourism Day Celebration on 27th September 2020.The Resource person of the session was Mr. Babu, Assistant Professor, KITTS, Trivandrum. The webinar helped the students to understand the socio-cultural development of people in the rural area through tourism. An interactive session was also arranged with the resource person.



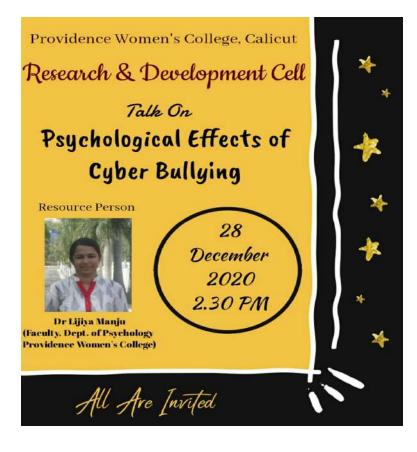
## Vision of Dr. Kalam

Dr.APJ Abdul Kalam's birthday which falls on October 15<sup>th</sup> is observed as World Student's day. The Department of Economics organized a "Poster Making Competition" to embark on the contributions of Dr. APJ Abdul Kalam by consolidating his visions on India in 2020. The purpose of the programme is to educate students on the vision of Dr. Kalam and the provide a tribute to his service to the nation.



## **Everyone is born Free and Equal**

The Department of Computer Science celebrated Human right's day on 09<sup>th</sup> December 2020. The department of computer science celebrated "world human rights day" program by planning a "logo making contest" for the students of providence women's college.The theme of the logo making competition was to create a logo that suits world human right's day. The aim was to protect human rights and educate students about their rights.



Psychological effects of cyberbullying

On 28th December 2020, the Department of Psychology collaborated with the Research and Development cell and conducted a talk on "Psychological effects of cyberbullying" with the aim of improving the subjective well being of the students. The programme discusses the defects of cyberbullying among young generations. The major causes that are affecting students and their education.



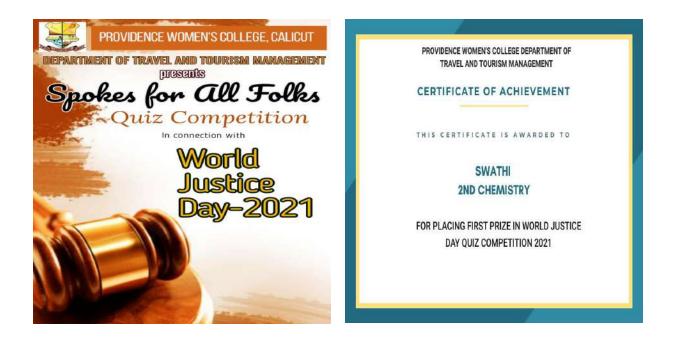
## Impact of Pandemic on students

On 15th January 2021, the Department of English organized a programme Crossfire under the debate club on the topic "Has the pandemic affected student life beneficially?" to enhance the communicative/linguistic skills, critical thinking and general awareness. The health issues and hygiene factors during the pandemic was the main topic discussed.



## **Reuse and Save Nature**

The Department of Commerce organized a One-week online craft making workshop from 24th to 28th March 2020 under the club 'Green cove' for children between the age 10-15 and for College students. The title of the workshop was "Online craft making using waste material". The aim was to reuse the waste materials as a craft item.



## SPOKES FOR ALL FOLKS

On 17th July 2021, Department of Travel and Tourism Management conducted SPOKES FOR ALL FOLKS, a quiz competition in connection with World Justice Day-2021. The competition aims to create awareness about the justice to be served to the citizens and to enhance economic equality among people.



Pennayal Ponu Venoo

On 23 June 2021,Department of History conducted a competition by sharing one's view on dowry system on the title "pennayal ponu venoo". The program was conducted in the circumstance of murder of Uthra and other similar cases caused due to dowry. The title itself reflected the idea of contest. Dowry issues are increasing in India and many women are being victims. So, the students should be aware about the laws protecting them and how important is this socio economic issue in today's world.