# Providence Women's College, Calicut-673009



# **CRITERION 7.1.9**

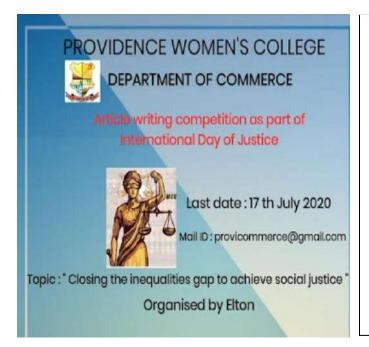
Sensitization of students to the constitutional obligations: values, rights, duties and responsibilities of citizens

# S. No. Contents

- 1. Constitutional Values
- 2. Constitutional Rights and Policies
- 3. Duties of citizens
- 4. Constitutional responsibilities

# 1. Constitutional Values

Constitutional values safeguard human rights and ensure there should be no unfairness or injustice towards any citizen of India. The institution educates and promotes constitutional values Democracy, Social Justice, Equality, humanity, Non-racism and Non-sexism among staff and students.



# "CLOSING THE INEQUALITIES GAP TO ACHIEVE SOCIAL JUSTICE"

"CLOSING THE INEQUALITIES GAP TO ACHIEVE SOCIAL JUSTICE" IS AN EXTREMELY IMPORTANT TOPIC AND CONSIDERED AS THE THEME FOR 2020 GIVING INTO ALL THE CHALLENGING SITUATIONS THIS YEAR HAS BROUGHT ALONG.

SOCIAL JUSTICE IS A CONCEPT WHICH IS SEEN DIFFERENTLY BY EACH INDIVIDUAL BUT IT IS A STANDARD UNDERLYING PRINCIPLE FOR PEACEFUL AND COEXISTENCE WITHIN AND AMONG NATIONS. TO REMOVE THE BARRIERS BASICALLY THAT PEOPLE FACE ABOUT GENDER, AGE, RACE, ETHNICITY, RELIGION, CULTURE OR DIABILITY ETC, IT IS NECESSARY TO UPHOLD THE PRINCIPLES OF SOCIAL JUSTICE. IF WE TAKE INTO CONSIDERATION COEXISTENCE WITHIN NATIONS IN AN ANGLE THAT SAYS COEXISTENCE OF HUMANS WITH EACH OTHER IN WHEN TOPICS LIKE GENDER EQUALITY, RIGHTS OF INDIGENOUS PERSONS OR SOMETHING IN MAJOR CONSIDERATION RIGHT NOW, JUSTICE FOR MIGRANT WORKERS AND THEIR SAFETY AND THE LIST ONLY GOES ON.

THE UNITED NATIONS HAS DECLARED 20<sup>TH</sup>
FEBRUARY AS THE WORLD DAY OF SOCIAL
JUSTICE.THE GENERAL ASSEMBLY RECOGNIZES
THAT SOCIAL DEVELOPMENT AND SOCIAL JUSTICE
ARE INDISPENSABLE FOR THE ACHIEVEMENT AND
MAINTANENCE AND PEACE AND SECURITY

# **Justice Day**

An Inter-Collegiate Article writing competition was organized by the Commerce department on 17th July 2020 as part of International day of Justice on the topic "Closing the inequalities gap to achieve social justice". The day unites all those who wish to support justice, promote the rights of the victims, and also help in preventing crime that threatens the peace, security, and well-being of the world. The competition aims to develop knowledge among students on the measures to remove the inequalities of today's world.





**After Effects of Drug Use** 

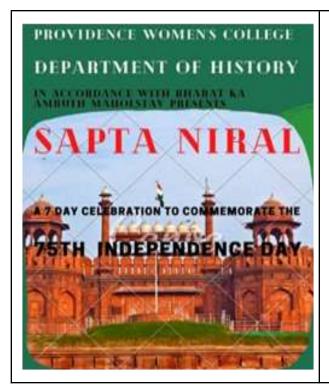
As part of international day against drug abuse, the NSS volunteers of Providence Women's College presented a documentary on the ill effects of drug use. It was presented on June 26<sup>th</sup> 2020 by Nada Aysha of 2<sup>nd</sup> BSc Physics. The documentary clearly portrays the ill effects and diseases caused through the overuse of drugs in teenagers. The legal actions taken against a person who use or distribute drugs among the youth.

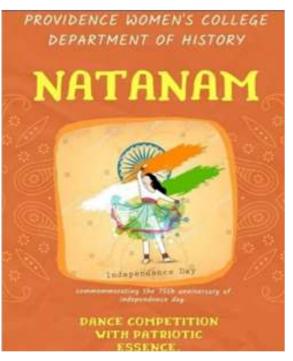
You Tube link <a href="https://youtu.be/z6Mo91Ww4EM">https://youtu.be/z6Mo91Ww4EM</a>



#### **ARMONIA**

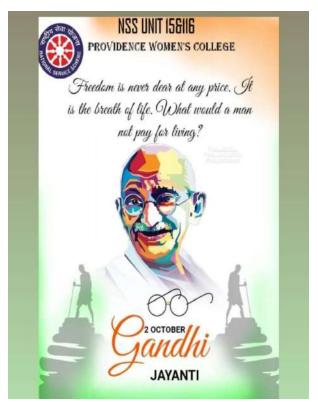
The NCC unit of Providence Women's College conducted an online program named ARMONIA on August 12th and 13th as part of Independence day celebration. A wide variety of competitions were conducted under this program to create an awareness on the freedom fighters and their sacrifices to make India self-reliant. This programme was conducted under the title 'Bharat Ka Amrut Mahotsav' in order to celebrate the 75th year of Indian Independence.





# **Freedom to Expression**

The Department of History celebrated Independence day to celebrate the 75th year of Independence by conducting colourful programs. The Programmes arranged were 'Sapthaniral', 'Natanam' and 'Aviskrita'. The essence of patriotism and freedom were the main topics of the programme. Students actively participated and remembered the sacrifice of the freedom fighters.





## Gandhi Jayanthi

On the occasion of Gandhi Jayanthi, NSS volunteers of Providence Women's College observed fasting till noon to express solidarity to the Covid victims by sacrificing as per the ideology of Gandhi ji. At 9:30, a google meet was arranged with the college principal Sister Ashmitha as the chief guest and a home cleaning drive was held in every volunteer's home. The programme inspired the Staff and students to follow the ideologies of Mahatma Gandhi.







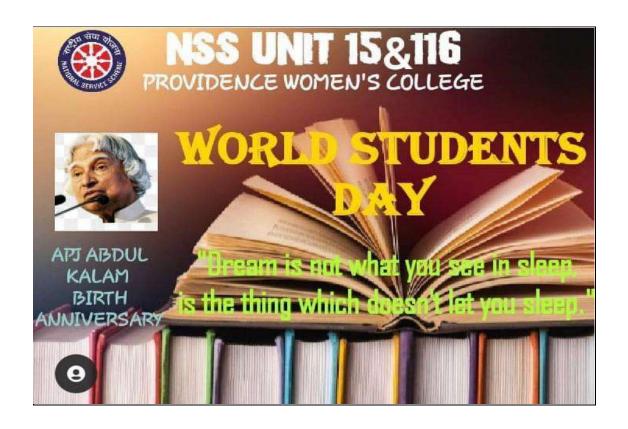






#### Jan Andolan

On 10<sup>th</sup> October the NSS volunteers took Jan Andolan pledge based on Covid-19 from home on the appropriate covid behaviour to be followed as a citizen and committed themselves to the responsibility of taking all necessary precautions that will prevent the spread of Covid-19.



# **Students Day**

15th October 2020 is observed as World Students Day to celebrate the birthday of former President Dr. APJ ABDUL KALAM . The NSS volunteers released in the podcast the motivational life story of Dr. APJ Abdul Kalam which includes his family background, dreams and desire to uplift the Indian economy. Dr. Kalam reminds the people how to achieve their dreams. The aim of this programme is to make students think of their purpose of existence.



#### MENTAL HEALTH AWARENESS CAMPAIGN

Let us break the chain and break the silence. Speak up for your mind

**NOVEMBER 1,2020** 

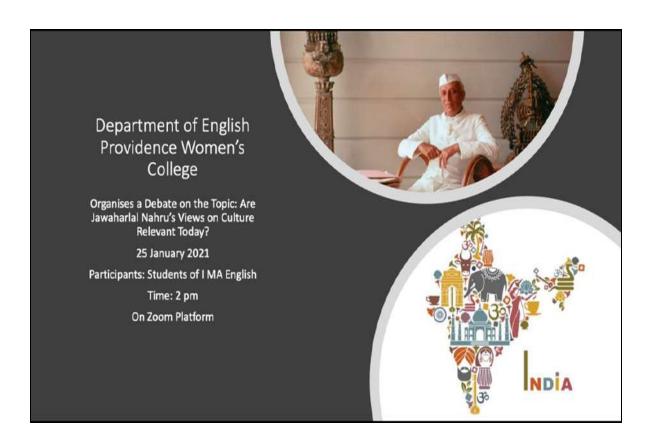
Stay tuned to us on"

KAATHODU

KAATHORAM@ANCHOR.FM"

# **Mental Health Awareness Campaign**

On November 1st the NSS volunteers released a programme on podcast which shares the idea about the health condition that concentrates more on mental health than physical. The podcast with a duration of nearly 18 minutes continues with lots of famous motivational quotes of Dr. A.P.J Abdul Kalam and also the life story of Abraham Lincoln. The podcast also speaks about the importance of being happy to make life beautiful.

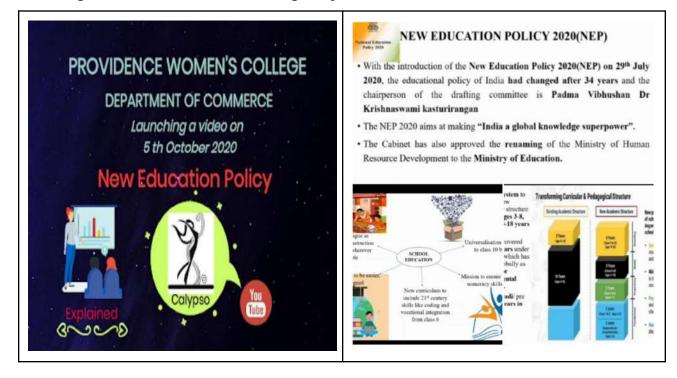


#### Nehru's views on culture

The department of English organized a Crossfire, under the debate club on the topic "Are Nehru's views on culture as expressed in his various works, relevant today?" on 25th January 2021 through zoom platform. The discussion helped students to male a comparison on Nehru's Views on culture and how relevant it is today among young generations.

# 2. Constitutional Rights and Policies

A constitutional right is the freedom which is guaranteed to citizens by that country's constitution. The institution has organized various programmes to educate students on their right of education and various legal aspects to be known as a citizen of India.



# **New Education Policy**

On 5th October 2020, the Department of Commerce released a video briefly outlining the different aspects of New Education Policy 2020. The National Education Policy 2020 (NEP 2020), which was approved by the Union Cabinet of India on 29 July 2020, outlines the vision of India's new education system. The video creates awareness regarding the changes brought in the education policy of our country which is useful for the students.



# **Humanitarian Day**

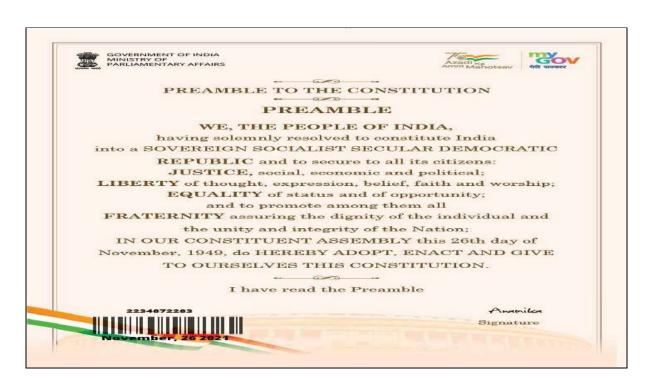
As part of World Humanitarian Day on 19th August 2020, the Commerce department released a video honouring the great humanitarians around the globe. The world commemorates humanitarian workers killed and injured in the course of their work who still continue their work, despite the odds, to provide life-saving support and protection to people most in need. This year World Humanitarian Day comes as the world continues to fight the COVID-19 pandemic over recent months. The focus of the video is to develop a service mentality among the students to fight Covid 19 pandemic.



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# **Need for New Education Policy**

The Department of Economics organized a live talk on 'New Education Policy 2020' on 9th September 2020 at 12 pm via Google Meet. The resource person of the session was Dr. Vidhya K T, Assistant Professor, Department of Economics, Providence Women's College who shared her knowledge on the discussion on implementing the New Education Policy 2020.

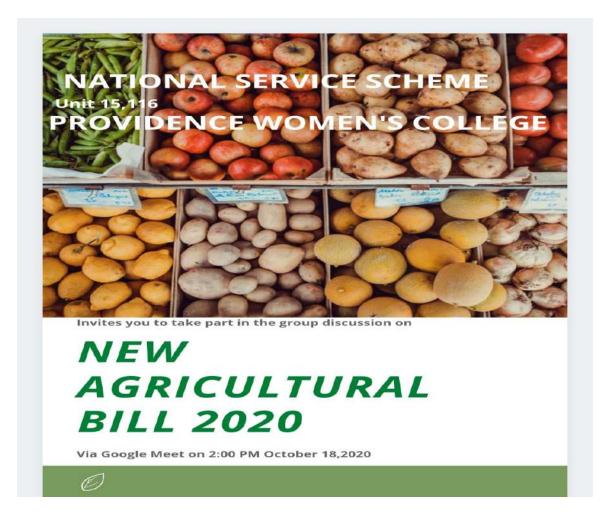






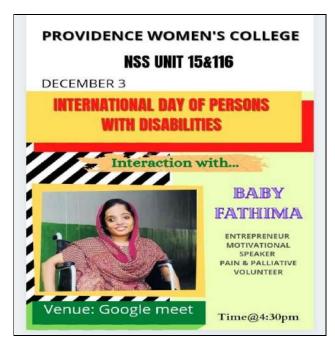
**Constitutional Day** 

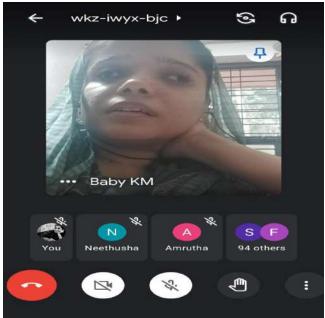
As a part of the 71<sup>st</sup> Constitutional Day, a Pledge was taken by the students of the Psychology Department on 26th November 2021. The pledge was taken through online mode on the government website https://pledge.mygov.in/ to prevent the spread of COVID-19.



# **New Agriculture Bill**

The NSS volunteers conducted a seminar on the New Agriculture Bill 2020 for the NSS Units 15 and 116. The Webinar was held on 18th October 2020 via Google Meet in the presence of NSS Program Officers Dr.Vidhya K.T. and Dr.Prathibha P. The session gives an insight into the rights of farmers in the Indian economy.





Life of a Differently Abled

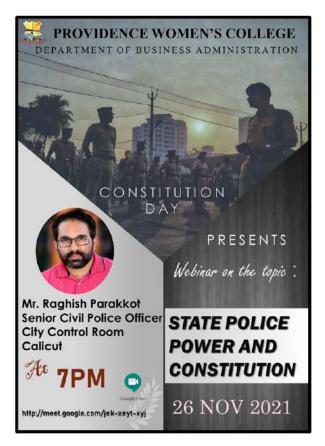
On 3rd December 2020, the NSS volunteers of Providence Women's College conducted a webinar via google meet to observe the Day of the Differently Abled. Nearly 150 volunteers attended the meet and interacted with the differently abled chief guest who shared her experience and dreams. The differently abled confident lady named BABY FATHIMA motivated the students. Fathima also shared how she became a motivational speaker, pain palliative care volunteer, the parental care from her family and friends and the various rights of a disabled person.

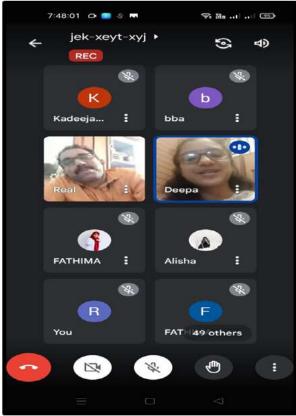




**Role of Women in Nation Building** 

On 22nd August a talk was conducted by the Department of Mathematics and Statistics on "The role of women in nation building in india during 21st century" in connection with the platinum jubilee of Indian independence with Gp Capt E R Rajappan (Retd.) as the chief guest.



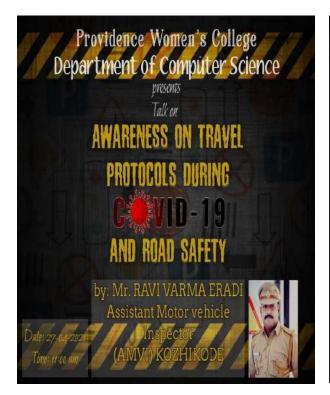


#### **State Police Power and Constitution**

On 26th November 2021, the department of business administration organized a session on the topic "State Police Power and Constitution". The resource person of the session was Mr. Raghish Parakkot, Senior civil police officer, city control room, Calicut. Mr. Raghish described the Preamble and gave an insight into the constitutional rights of citizens.

#### 3. Duties as a citizen

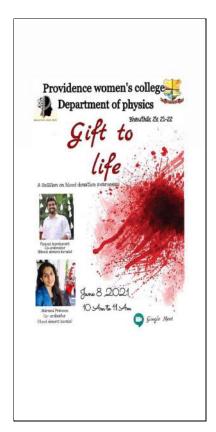
The institution arranges programmes for staff and students to abide by the Constitution and respect its ideals, cherish and follow the noble ideals which inspired the national struggle for freedom and to uphold and protect the sovereignty, unity and integrity of India as a citizen.



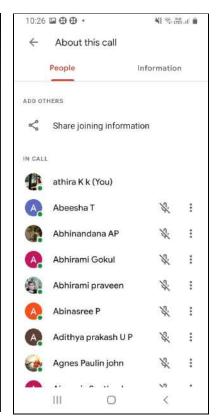


Road safety awareness on travel protocols during-covid 19

The Department of Computer Science conducted a Webinar on the topic "Road safety awareness on travel protocols during-covid 19" for the entire students of the Department. The webinar was conducted by department for the whole department to create an awareness on travel protocols and safety measures during covid pandemic. The session created an awareness on the need of Road Safety among the students and guided them to follow various traffic rules and safety measures.

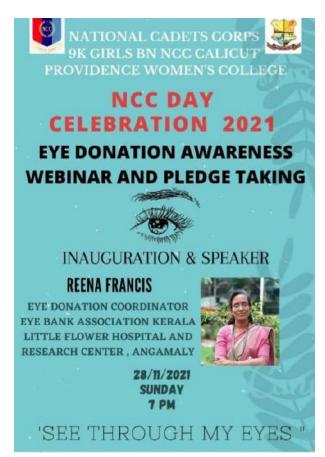






#### **Blood Donor's day**

As part of the World Blood Donor's day celebration on 8th June 2021, the Department of Physics organized a session on Blood Donation Awareness 'GIFT TO LIFE'. The speaker of the session was Mr. Fawaz Kamburath and Ms. Abhirami Praveen ,Coordinators of Kerala Blood Donors Forum. All the teachers and students attended the session which gave an awareness on the importance of blood donation and its good impact on blood donors and the recipient.





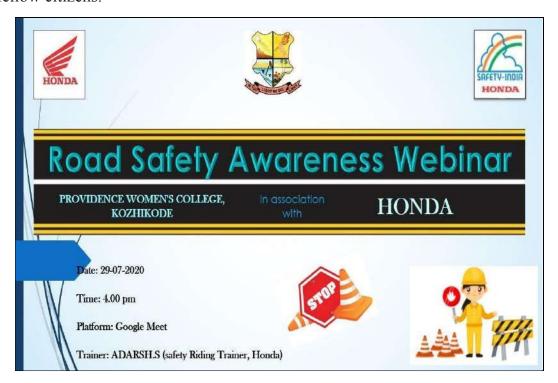


**Eye Donation Awareness** 

In association with NCC Day Celebration on 28<sup>th</sup> November 2021 the NCC Unit of Providence Women's College, Calicut organized a webinar on the topic "Eye Donation Awareness and Pledge Taking". Eye Donation Coordinator of Eye Bank Association Kerala, Little Flower Hospital and Research Center, Angamaly Ms.Reena Francis was the speaker of the webinar. The resource person explained how important it is to donate eyes and also concluded the session by stating "At the end of your life, you can give life to others."The session was inspirational for the students.

# 4. Responsibility towards Society and Mankind

The institution arranges programmes for students that create awareness on their responsibility towards the country and to live in peace and harmony with the neighbours and fellow citizens.



#### **Road Safety awareness**

On 21<sup>st</sup> July 2020, NSS volunteers of Providence Women's College conducted a Road Safety awareness class in association with the Honda showroom. Due to the Covid pandemic the class was conducted via Google meet. Most of the NSS volunteers and the Programme Officers attended the class which was very informative and the resource person described the responsibilities of a citizen related to road safety. He also highlighted the rules, regulations and safety measures to be adopted in need.



Aid to Education

During the corona pandemic, school classes had begun online. So, the NSS volunteers of Providence Women's College provided a new smartPhone and grow bags to Govt. Children's Home for Girls. The NSS team collected money and bought a smart phone through an online site and handed this over to the children of Children's home on 5/12/2020. The volunteers planted vegetable seeds in the grow bag and handed it over to Govt. Children's Home for Girls. The students were motivated to save their pocket money and to use it as an Aid to education.

The Department of English Providence Women's College, Kozhikode

Presents

The Citizen Skill

Enhancement

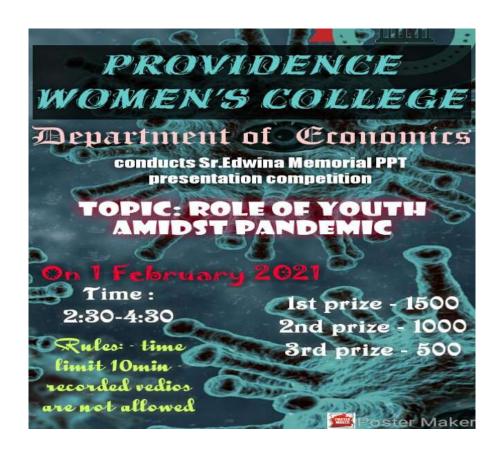
Program

Date: 15 December 2020

Conducted by Mr.Prajam,
Mpower-ASCERT Bangalore

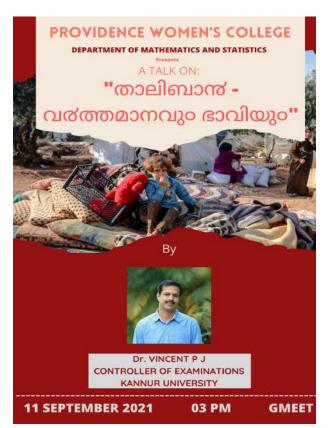
#### Citizen Skill Enhancement

The department of English organized a Citizen Skill Enhancement Programme for students in collaboration with M Power- ASCERT, Bangalore on 15th December 2020. The program was conducted by Mr.Prajam, Mpower-ASCERT Bangalore. The session explained the skills that a student can use as an enhancement of society and about the Civic skills that includes personal communication skills, knowledge of political systems, and the ability to critically think about civic and political life which will make a citizen more responsible and self- reliant.



**Role of Youth Amidst Pandemic** 

As part of Sr.Edwina Memorial day, the Economics department conducted an online ppt competition on 1st February 2021. The topic was 'Role of Youth Amidst Pandemic'. Total of 4 students participated from various colleges. The aim behind the online competition is to analyze the knowledge of a student on the Covid protocols and their responsibilities as a citizen during a pandemic in the country.





Taliban Varthamanam Bhavyam

On 11th September 2021 a talk was conducted by the Department of Mathematics and Statistics on "Taliban Varthamanam Bhavyam"in connection with the riots held in Afghanistan with Controller of Examination, Kannur University, Dr. Vincent. P.J as the Chief guest. The talk commenced at 3pm via Google meet. The talk was about how taliban treated the women over there, especially teenage girls. The Chief guest took the listeners through the history of Afghanistan and its rulers, how America were about to conquer them, and relation about India and Afghanistan.