## Miss a meal – Karun a Bhavan Visit

In connection with the "Miss a Meal" initiative, students from three batches of the B.Sc. Chemistry course, along with four faculty members, Dr. Sr Asha Thomas, Dr. Ann Jasmine Jose , Dr. Reshma C and Dr. Sareena, visited Karuna Bhavan, an old age home in Vellimadukunnu. The purpose of the visit was to provide support to the elderly residents who often experience isolation and long for social interaction. The team arrived at 1:30 PM and was warmly welcomed by the sisters of Karuna Bhavan, who introduced the students to the residents. The students engaged with the elderly, showing them kindness, respect, and undivided attention. This interaction allowed the students to connect with the residents, bridging generational gaps and offering valuable insights into the challenges and experiences of the elderly. During the visit, the students organized a few programs, including singing and dancing, which created a lively, joyful atmosphere. One of the residents even joined in by singing a song, adding to the shared happiness. After spending two hours together, the visit concluded at 4:30 PM. Before leaving, the students expressed gratitude for the warm welcome and promised to continue supporting the "Miss a Meal" initiative. The residents also conveyed their heartfelt thanks, making the parting a deeply emotional moment. This visit highlighted the importance of social responsibility and the positive impact young people can have on others' lives, making it a fulfilling and unforgettable experience for everyone involved.







