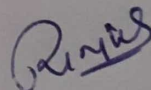


## EXPERIENTIAL LEARNING THROUGH FIELD WORK AT INSTITUTE OF PALLIATIVE CARE

For a period of one academic year (2021-22) students of 2nd-year Psychology (2020-2023 batch) worked closely with the Institute of Palliative care, Calicut. Students visited the centre during the weekends. Being psychology students, they got the opportunity to work closely with inmates, interact with them, and involve in offering counselling sessions for the inmates. Many students completed a train the trainee course for Community Volunteer Training at IPM. Students also got clinical training sessions from experts at IPM and also got the opportunity to interact with psychology students, social work students, and professionals in the field of psychology. Other activities in which students are involved include cleaning the premises of the palliative care, preparing food for the inmates and collecting clothes, and arranging clothes for inmates. A total of 48 students got beneficial out of this initiative. From the feedback collected from students, it was found that through one year-long interaction with IPM they could build on their social skills, form new friendships and see the practical side of what they have learned in their regular curriculum and also got trained in skills that are very much needed to practice as a psychologist.

DEPARTMENT OF PSYCHOLOGY  
PROVIDENCE WOMEN'S COLLEGE  
CALICUT-673009

  
**Dr. RINJU GEORGE**  
Assistant Professor & HOD  
Dept. of Psychology  
Providence Womens College  
Calicut - 673009

## Meeting Minutes

Meeting Date- 02/06/2021

Meeting venue- GMEET

Meeting called by: Dr Rinju George

### Meeting Participants

Dr Rinju George

Dr Lijiya Manju

Ms. Asritha Raj

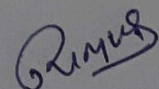
**Meeting Agenda:** Offering field work/ projects for all the years during the academic period of 2021-22

### Points of Discussion

- HOD briefed about implementing of a new program to the entire department students.
- Dr Rinju informed the team about coming up with a field work/project for first- and second-year students of psychology as they are not having compulsory project work in first two years.
- Third years are excluded from this activity as it is mandatory for them to do a project in the third year.
- Different possibility to have projects have discussed.
- Dr Manju mentioned about the difficult part to have a field work as covid cases are increasing day-by-day.
- Finally, team decided to have a single project this year for two years once the covid rates drop.
- For present second years department as a whole decided to have a year long work with IPM as many are already working for Institute of Palliative Care.
- Dr Lijiya Manju was assigned as the teacher co-ordinator and Ms. Thahania from 2<sup>nd</sup> year was decided as student co-ordinator for the programme.
- For the up-coming first year it was decided to have a field work at any of the schools in the nearby locality.
- Ms. Asritha Raj was assigned as the student co-ordinator

DEPARTMENT OF PSYCHOLOGY  
PROVIDENCE WOMEN'S COLLEGE

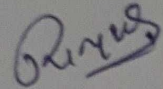
CALICUT - 673009



**Dr. RINJU GEORGE**  
Assistant Professor & HOD  
Dept. of Psychology  
Providence Womens College  
Calicut - 673009



- As students are yet to join for the degree program field work date was approximately decided as June 2022.



**Dr. RINJU GEORGE**  
Assistant Professor & HOD  
Dept. of Psychology  
Providence Womens College  
Calicut - 673009

DEPARTMENT OF PSYCHOLOGY  
PROVIDENCE WOMEN'S COLLEGE  
CALICUT-673009



