

2020-2021

Case 1

7/7/2020

Name : DP , Age : 18 .

Dept : History .

Presenting Complaint : Exam Anxiety .

Mental status Examination

Appearance : Casual .

Attitude : Calm and Co-operative

Speech : Normal , volume with pressure .

Affect : Depressed .

Mood : Co-operative
Anxious , apprehensive .

Memory : Intact (difficult to remember things)

Insight : Awareness about the issue .

Counselor

Dr. Divya Menon



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Case II

11/8/2020

Name: D ; Age: 19.

Department: Physics.

Presenting Complaint: Difficulty to study.

MSE

Appearance: Casual.

Attitude: Calm and Co-operative.

Speech: Normal volume.

Affect: Anxious.

Mood: Co-operative.
Depressive.

Memory: Difficulty to memorise.

Insight: Awareness about the issue.

The problem started after the death of father. Lack of interest in study.

Counselor

Dr. Lijya, Muzh

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Case III

18/8/2020

Name: AB ; Age : 18.

Department : Physics.

Presenting Complaint : Lack of interest in study.

MSE .

Appearance : Casual.

Attitude : Calm and Co-operative.

Speech : Normal.

Affect : Appropriate.

Mood : Sad , Anxious

Memory : Intact (Recent memory : difficulty to retrieve learned information during exam).

Insight :

Problem started after the online classes. The student shows difficulty to comprehend and understand things through online mode of teaching.

Dr. Lijya Menji
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Case IV.

18/12/2020

Name : NK ; Age 19.

Dept : English.

Presenting Complaint : Depression.

MSE.

Appearance : Casual.

Attitude : Calm and co-operative.

Speech : Normal.

Affect : Depressive.

Mood : Anxious and sad.

Memory : Intact.

Insight : Awareness about the illness.

Referred to.

Referred to Clinical Psychology.

Counselor

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Dr. Lijaya Munja

Case : V

17/2/2020

Name : DP ; Age : 19 .

Dept : Psychology .

Presenting Complaints : Depression

MSE .

Appearance : Casual .

Attitude : Co-operative .

Speech : Anxious .

Affect : Sad and guilty .

Mood : Depressive .

Memory : Intact .

Insight :

Referred to Clinical Psychologist .

Counselor

Dr. Lijaya Menon

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