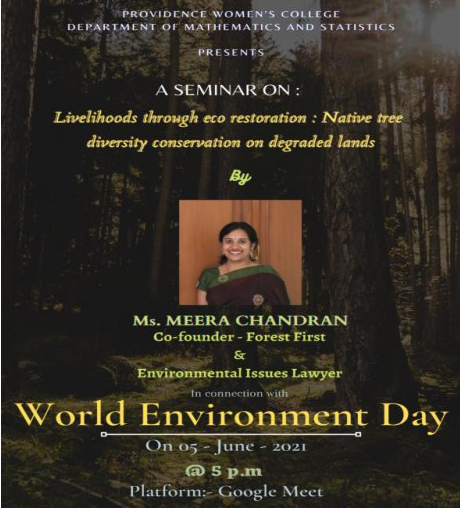


Providence Women's College, Calicut-673009



CRITERION 7.1.11
NATIONAL/INTERNATIONAL DAYS
OBSERVED

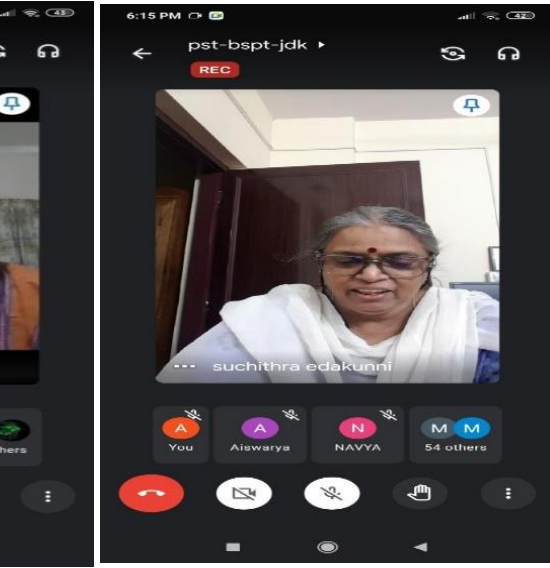
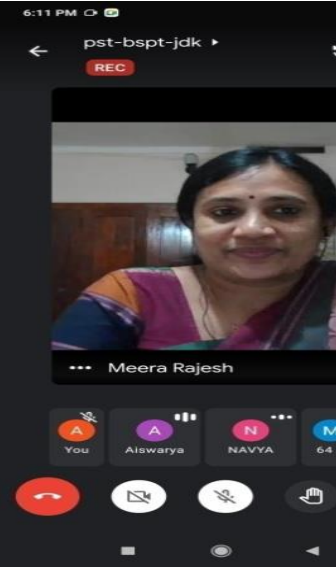
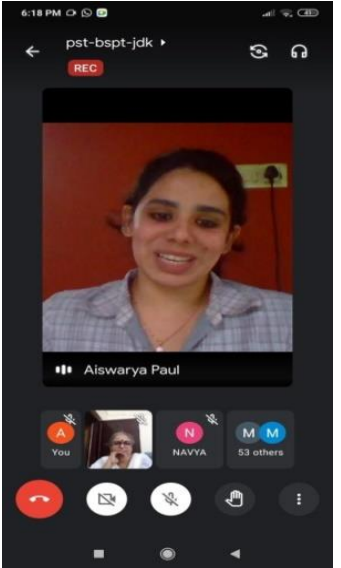
WORLD ENVIRONMENT DAY- 5 JUNE 2021



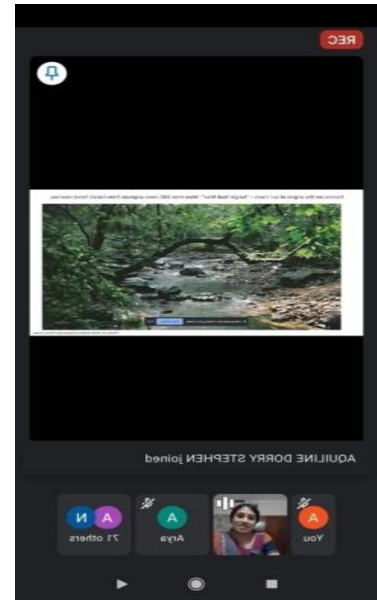
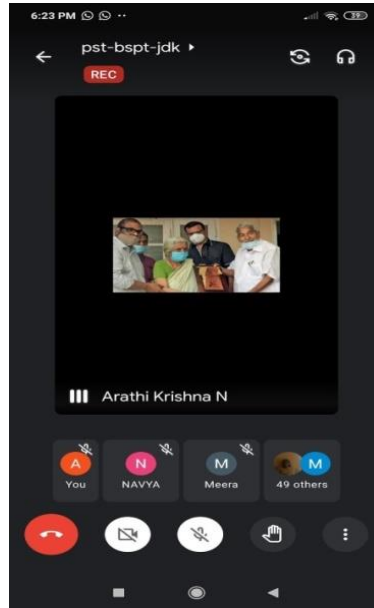
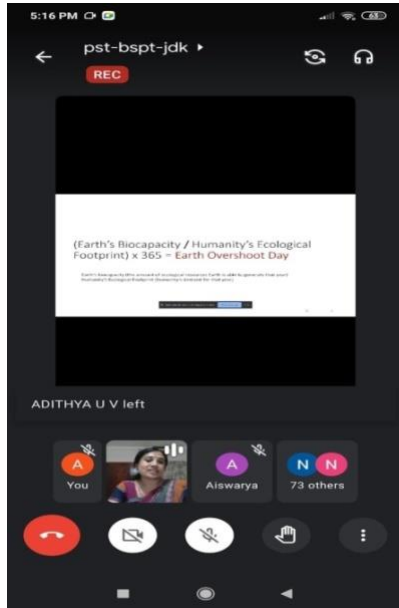
Observed the departments by conducting poster competitions, online webinars etc. World Environment Day was observed on 5 June 2021. As part of this, various competitions like poster making, essay writing etc. were organized by the department of Botany. The programme was attended by 94 students Ms. Keerthana MS (2 MSc Botany) won first prize in the video making competition organized by CWRDM Kozhikode. On 5th June 2021, a seminar was



conducted by the department of mathematics and statistics on "Livelihoods through eco-restoration native tree diversity conservation on degraded lands" as part of environment day celebration with Ms. Meera Chandan as the chief guest. The talk commenced at 5pm via google meet. A quiz based on environment day was also



organized. The chief guest Ms. Meera Chandan is the co-founder of forest first and environment issue. The seminar is about the Eco-restoration which is the theme of environment day 2021.



WORLD AUTISTIC PRIDE DAY- JUNE 18

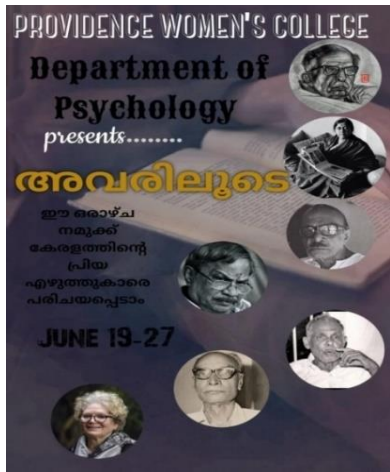


Link:

https://instagram.com/nss_providence?utm_medium=copy_link

Made a poster and shared it on social media platforms to instil awareness about the day

READING DAY-JUNE 19



PROVIDENCE WOMEN'S COLLEGE
Dept. of MATHEMATICS & STATISTICS
presents **DAY 07**

Think of :
1. A Famous Author
2. An Odd Colour
3. A TV Show you hate
4. A number
5. A song you love

WRITING PROMPTS
Write 3 paragraphs including all of them

SEEK A WORD
In connection with READING WEEK
Mail your entries in pdf format to mathbreakers2020@gmail.com
LAST DATE 24 JUNE, 5 PM

Providence Women's College
NSS Unit 15 & 116
വായനാദിനത്തോടനുബന്ധിച്ച്..

കഥ പറയുമ്പോൾ
എക്കാലത്തെയും മികച്ച ചർച്ചാവിഷയമായി മാറിയ പുസ്തകങ്ങളെ കുറിച്ച്..
"പാനൽ ചർച്ച"

On 19th June 2021
Time- 10:00 AM

...ചർച്ചയിൽ പങ്കെടുക്കുന്നവർ...

Moderator:
Amaya N
3rd BSc Chemistry

അരുച്ചാർ
Anjusha M
2nd BSc Chemistry

അട ജീവിതം
Jeevitha Jyothi Biju
2nd BSc Psychology

I am Malala
Swathi U
2nd BSc Chemistry

Alchemist
Fida Fathima TP
2nd BSc Physics

Harry Potter
Devika S Nair
2nd BA English

On 19 June 2021, in Association with reading day, the NSS volunteers of providence women's college has conducted a panel discussion on popular books like, Alchemist, I am Malala, aarachar, Harry Potter and Aadu jeevitham. Amaya n was the moderator. The discussion lasted for two and half hours and everyone enjoyed well. The department of Psychology observed the reading week from June19-27.

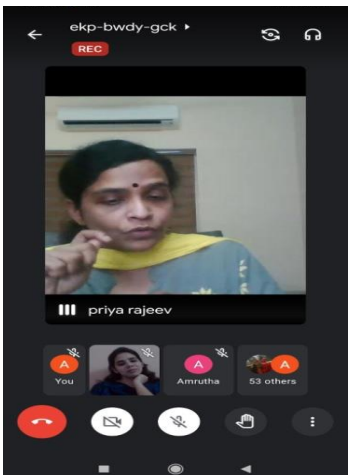
PROVIDENCE WOMEN'S COLLEGE
DEPARTMENT OF MATHEMATICS AND STATISTICS
Presents **SEEK A WORD**
In connection with **READING WEEK** 19-25th June

Describe Your Favorite Character As Follows

| | | | |
|-------------------|----------------------|--------------------|-------------------|
| Book Title: | Character's Features | Character's Habits | Character's Lines |
| Author: | | | |
| Chosen Character: | | | |
| | | | |

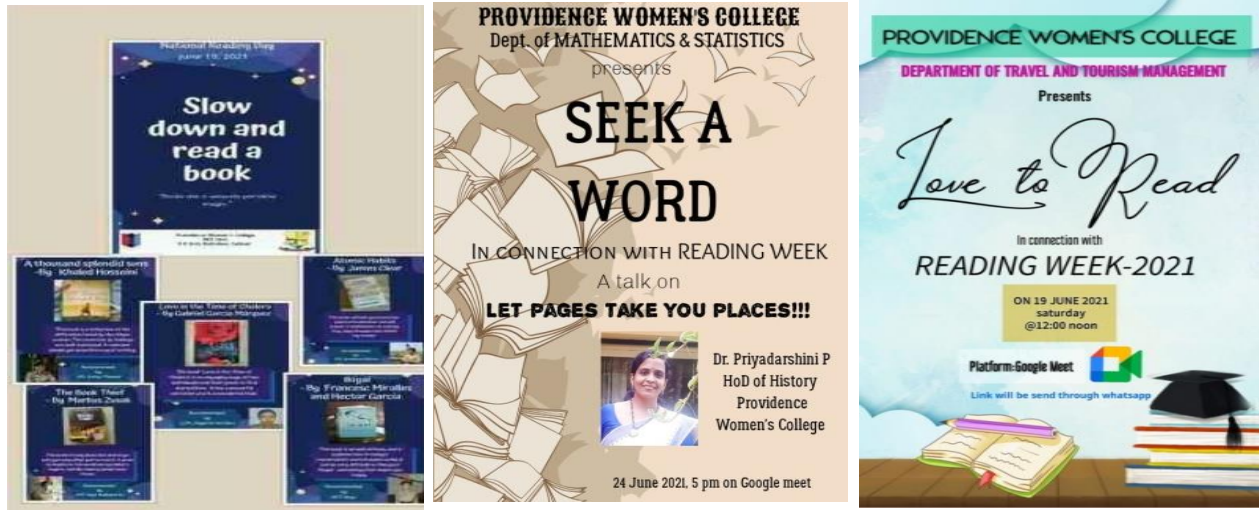
- Intercollegiate competition.
- Send your entries to the following email ID before 23rd June 5pm. Winner will be rewarded with a cash prize.
- mathbreakers2020@gmail.com

DAY 04



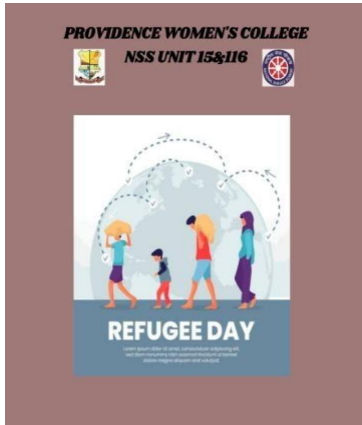
The Department of Mathematics observed the reading week by conducting different competitions like Discover the author, reading challenge, A 7 course meal, describe the favourite character, book mark designing contest,

book review competition and spell down from June19-24.



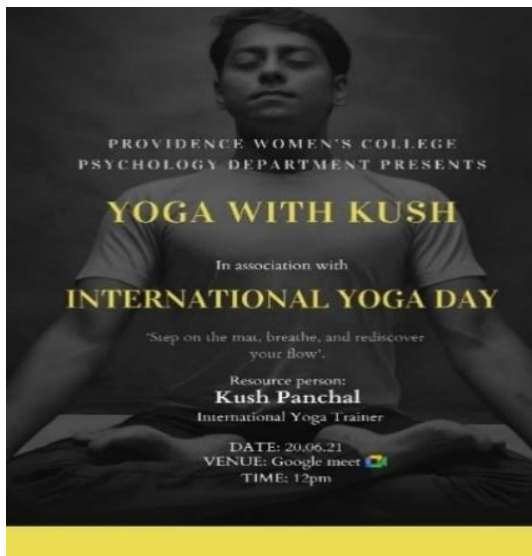
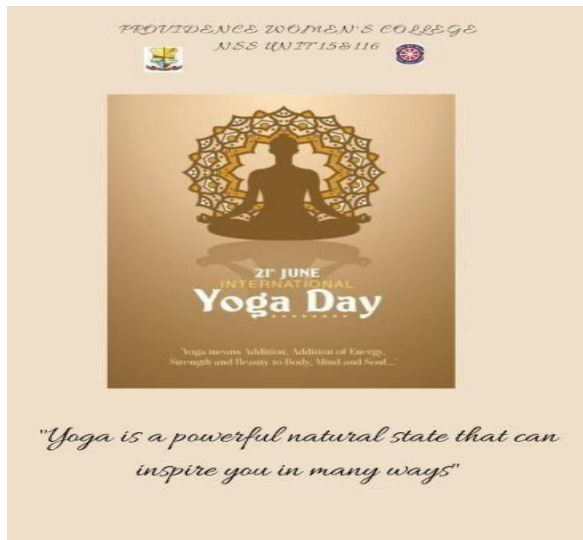
WORLD REFUGEE DAY: 20 JUNE 2021

<https://anchor.fm/kaathodukaathoram/episodes/World-Refugee-Day-e133n06>

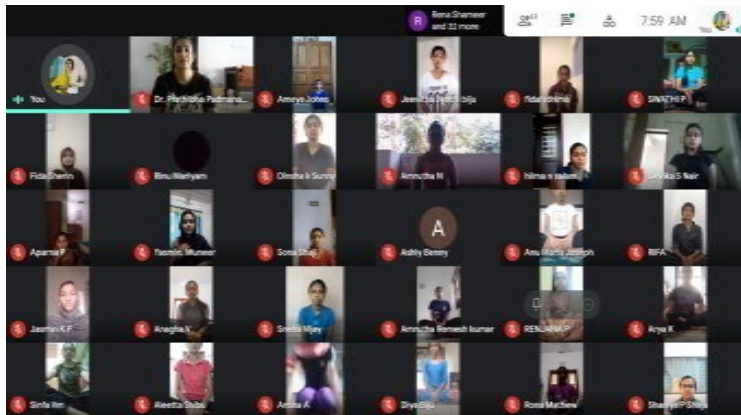


As part of world refugee day, the NSS volunteers of Providence Women's College presented a podcast on the refugee crisis across the world. It was presented on 20th June 2021 by Yasmin Muneer of 2nd BSc Psychology. The audio was uploaded on NSS providence podcast channel Kathodu Kaathoram.

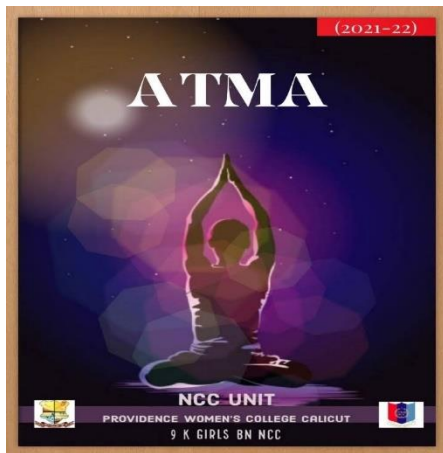
INTERNATIONAL YOGA DAY: 21 JUNE 2021



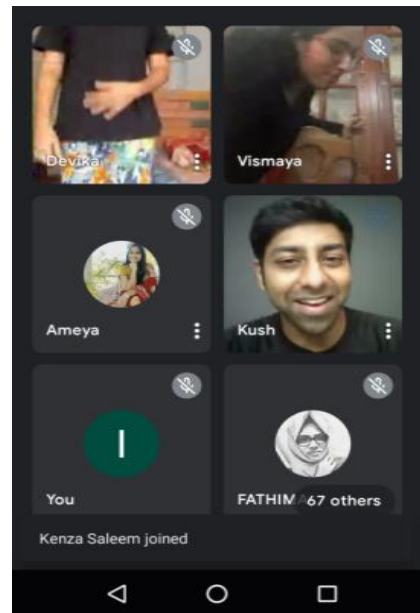
<https://anchor.fm/kaathodukaathoram/episodes/International-Day-of-Yoga-e135cjo>



The NSS unit of Providence women's College observed The International Yoga day (May 21 2021) by practicing Yoga session with the renounced and trained Yoga Practitioner



Ms.RichaTyagi, Post Natal Yoga Practitioner, life style preacher turned engineer who is the founder of HAPPY AND HEALTHY POST NATEL through online vedio session at 7:30AM on Google



Meet. On International Yoga Day, June 21, the NSS volunteers of Providence Women's College conducted an interview with Mr. Bijubal Kanjolli, Asst.

ATMA-YOGA MAGAZINE RELEASE

CONDUCTED ON 21.JUNE.2021

As part of international yoga day cadets of Providence women's college officially released a yoga magazine virtually.Yoga is not only beneficial for the body but also for the mind.It helps to improve blood flow and helps in building mind clarity.The relevance of yoga in today's world was the main drive towards the creation of the magazine.

REPORT

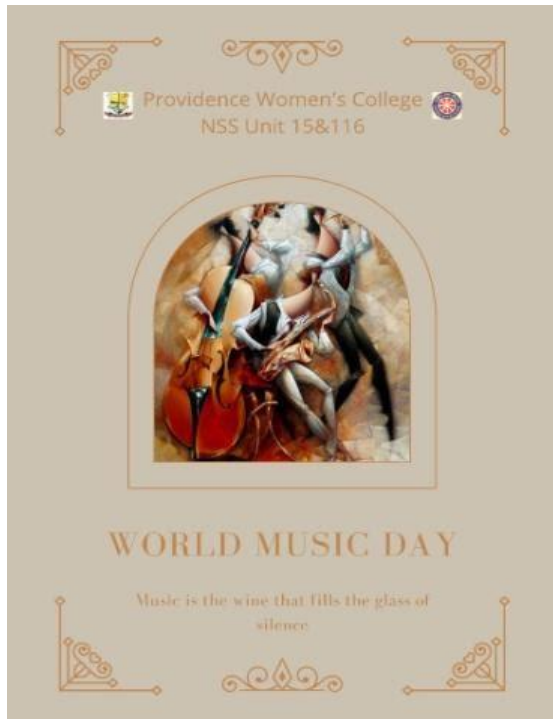
As a part of international yoga day cadets of Providence women's college officially released the yoga magazine virtually.The programme was scheduled on June 21st, from 7.30 AM to 8.30 AM.Presence of Sister Ashmitha (Principal of Providence women's college),Captain Lini maam(ANO, Providence women's college) made the event more valuable. Chief guest of the programme Adm officer of 9(k) Girls Bn Mrs.Bhawana Tripati officially released the magazine named 'Atma' which includes some basic information about diffrent yoga poses cartoons,drawings and some special articles.The programme was anchored by LCPL. Anasooya Thorakkattu, welcome speech was delivered by LCPL.Nandana Vinayan and vote of thanks by cadet Shweta.The program was coordinated with the combined help of our ANO Capt. Lini and SGT Suriya Thomas, CPL Arya Sudhakaran and Arundathi Nirmal.

PHOTO GALARY

Professor at SKY Yoga at Aaliyar, Tamil Nadu. The interview was conducted by Bincy Elizabeth P J of Zoology department. The interview was podcasted on our channel Kaathodu Kathooram. The audio was edited by Vidhula M of Economics department. The interview shed light on importance of yoga and how yoga can help in attaining mental peace.

WORLD MUSIC DAY- 21 JUNE 2021

As part of 'World Music Day', the department of commerce organized an Online music contest. There



was no age limit for the participants.

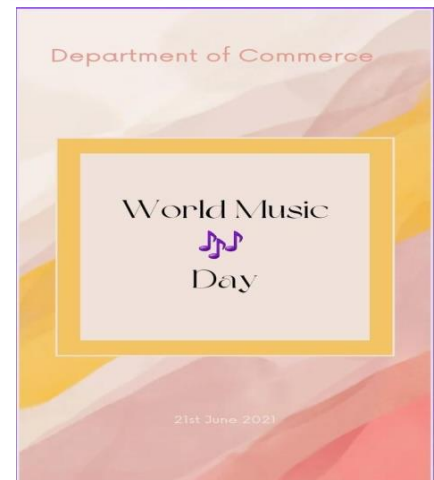
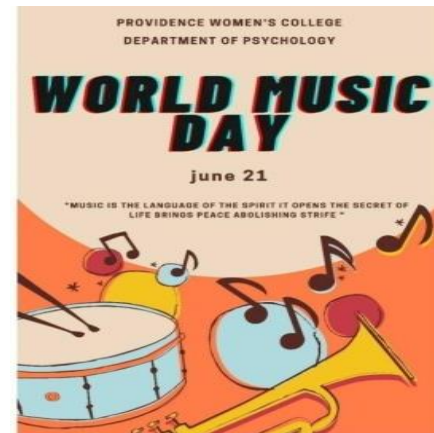
Entries were posted in the department

Instagram page Calypso. Total 25 entries were there. Gopika

Sanker won

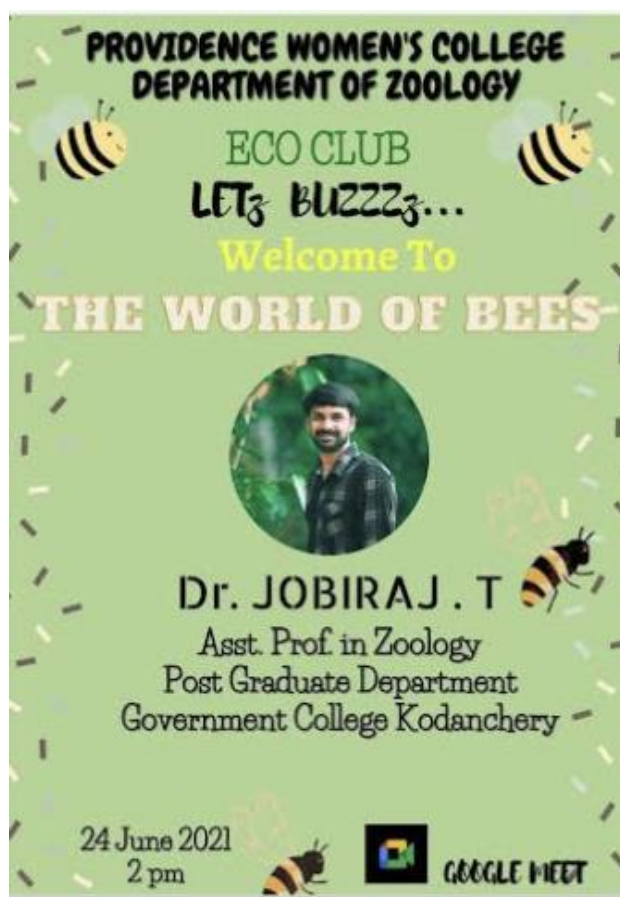
first prize (cash prize of Rs.500/- transferred through

Google pay). Meghna V won second prize (Recharge of Rs.199/-). Students also released a video in department YouTube channel calypso by compiling the songs of students with few messages. The students from various colleges participated and it was an inspiration for music lovers.



WORLD BEE DAY- 24

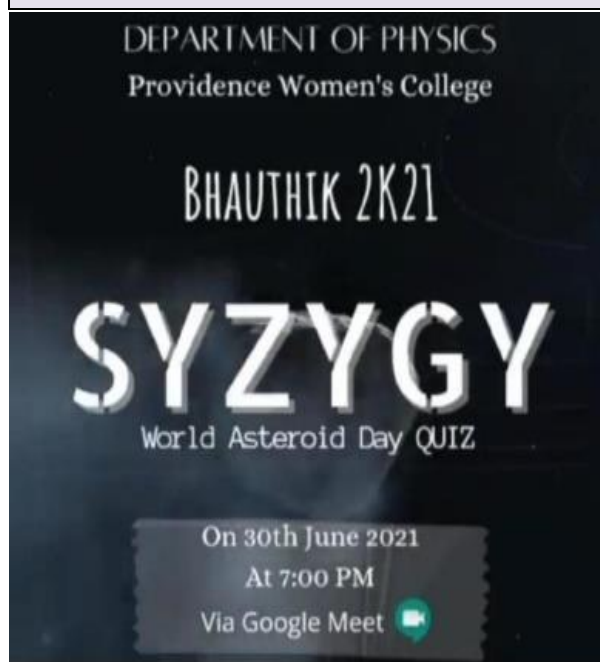
JUNE 2022



Celebration of World bee day on 24th June 2022 -A talk by Dr.Jobi Raj, Asst. Prof Govt. College, Kodancherry on “Welcome to the World of Bees”.

WORLD ASTEROID

DAY- 30 JUNE 2021



As part of the World Asteroid Day Celebration, the Department of Physics conducted a quiz 'SYZYGY' on 30th June 2021 at 7:00PM via Google meet. 15 students participated in the first round through Google form, top 5 qualified for the second round. Fida and Fathima TP of 2nd Physics won the prize.

INTERNATIONAL DOCTOR'S DAY: 1 JULY 2021

<https://youtu.be/j9tnMR-fp-4>

A podcast was uploaded on July 1 2021 as part of the National Doctor's Day. Three volunteers took part in the whole process with Maya writing and recording the content, Jeevitha editing it and finally Sneha uploading the podcast. The podcast had a duration of 3:23 minutes. Doctors Day Dance A dance video was done as a YouTube contribution on 1st July 2021. The video is a total of 2.06 minutes. This video was done as a tribute to doctors-on-doctors day 2021.



<https://anchor.fm/kaathodukaathoram/episodes/National-Doctors-Day-e13o9nv>

https://instagram.com/nss_providence?utm_medium=copy_link

WORLD POPULATION DAY: 11 JULY 2021

PROVIDENCE WOMENS COLLEGE, CALICUT

NATIONAL CADET CORPS
9(K) GIRLS BN

World
Population
Day

PHOTOGRAPHY
COMPETITION




*contestants must follow our Instagram page
(nccprovidencewomenscollege)
*Entries are open for all college students
*Photographs can be sent by insta or by whatsapp
Whatsapp no: 8129792178
*Entries will close by 10 July 2021 7.00pm

PROVIDENCE WOMEN'S COLLEGE, CALICUT

NATIONAL CADET CORPS
9(k) GIRLS BN

World
Population
Day

POSTER MAKING
COMPETITION



*posters must be hand made
*participants are requested to sent thier poster to the email mentioned
*gayathrigireeshk@gmail.com
*entries will be closed by 10 July 7pm

<https://anchor.fm/kaathodukaathoram/episodes/World-Population-Day-e148ld1>



World Population Day



of world population day students of the department of commerce released a video on 11th July 2021. World population day increased awareness of students about various population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights. It mentioned the problems faced during overpopulation. It enabled the students to understand that family size

A podcast was uploaded on July 11th 2021 as part of the World Population Day. Three volunteers took part in the whole process. Nandini Madhu (BSc Physics) for writing and recording the whole content, Merin Rose for editing and Sneha K (BSc Physics) for uploading the podcast. Its duration is 5.56 minute As part


PROVIDENCE WOMEN'S COLLEGE
 Dept. of Mathematics & Statistics
presents
 Intercollegiate ppt competition in
 association with

NATIONAL STATISTICS DAY & WORLD POPULATION DAY

TOPIC -
 SDG 2:
 ZERO
 HUNGER

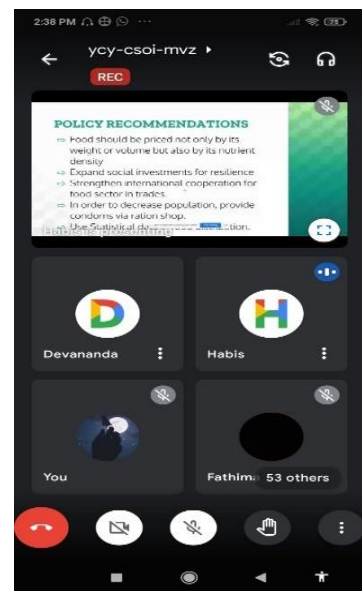
**On 11 July
 2:00 pm
 on Google
 meet**

CHIEF GUEST:



Ms. Sneha Augustine
 Proctor
 Talview, Bangalore

is controllable. The event raised awareness of global population issues.



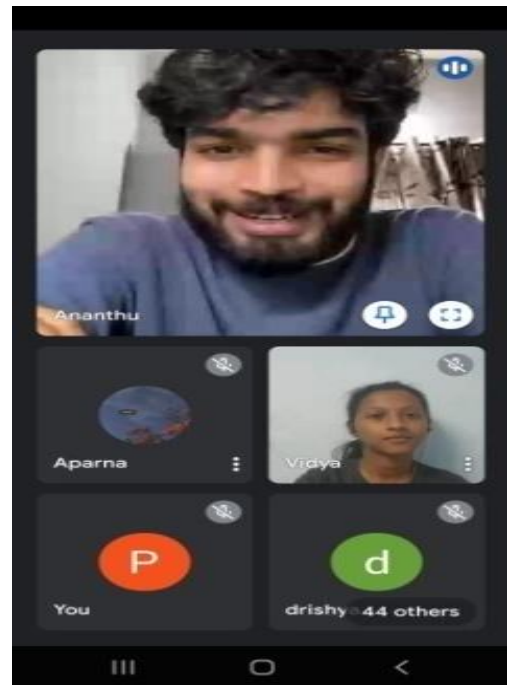
WORLD SKILL DEVELOPMENT DAY: 15 JULY



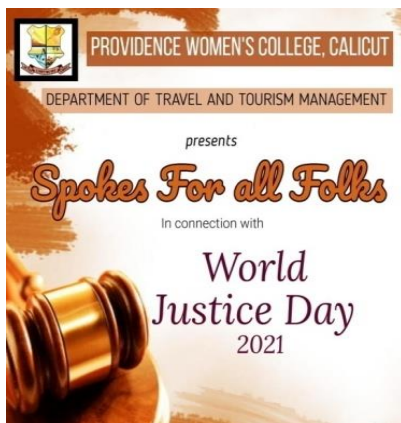
<https://meet.google.com/pmy-ynmu-wid>

"Talent, you have naturally, skill is only developed by hours and hours and hours of beating on your craft "July 15 world youth skill development day. So, we the NSS volunteers of PROVIDENCE WOMEN'S COLLEGE UNIT NO: 15 &116 conducted a webinar called "SKILLZEN". In this rapidly changing world if you want to survive by your own then skills are the must. Skill

Development is for determining the skill gaps and to overcome them. Skills are required to define one's ability and this ability is the sole reason behind the successful implementation of plans. It was an interactive session with ANANTHU GOPI who is a singer and a multi-instrumentalist. It was an informative interactive session on skill development. Theory knowledge can give an imaginative structure but only practical knowledge can give a real exposure.



INTERNATIONAL JUSTICE DAY: 17 JULY 2021



<https://youtu.be/bjcGYDSO9ik>

The Department of Travel and Tourism observed the World Justice Day. On 17/7/2021 Hilma's group prepared a video based on International Justice Day, and the video was based on rape case of two children who attacked by three gang men and hanged them on the top of the roof. The video was uploaded in YouTube.

MOON LANDING DAY

As part of the Moon landing day 2021, the Department of Physics, Providence Women's College Calicut organized a 5-day virtual program from 19th July 2021

ഒരു MOON LANDING അപാരത
 20th July
 09.00 AM

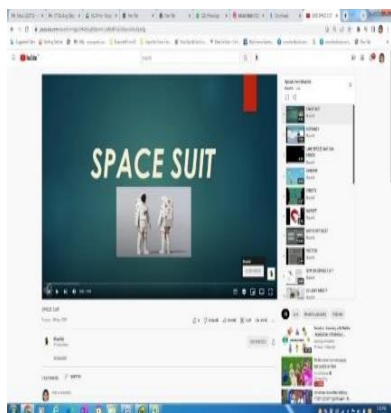
PROVIDENCE WOMEN'S COLLEGE
 DEPARTMENT OF PHYSICS
 BHAUTHIK 2K21
 Day 4
WRITE UP COMPETITION
 Imagine a space trip with your friends..!
 (English/Malayalam)
 Send your entries before 23rd of July

Providence Women's College
 Department of Physics
 Bhauthik 2k21
"Luna Explorado"
 Digital Drawing Competition
 Topic: Moonlanding
 Sent your entries before 24th July
 Intercollegiate competition
 (Day 3) Whatsapp 9037388332 @bhauthik_2k21



PROVIDENCE WOMEN'S COLLEGE
 Department of Physics
 Bhauthik 2K21
Luna Explorado
 Day 1
INTERCOLLEGIATIVE QUIZ
 @07.00
 ON 19.07.2021
 JOIN OUR WHATSAPP GROUP SOON...

DEPARTMENT OF PHYSICS
 PROVIDENCE WOMEN'S COLLEGE
 Bhauthik 2k21
LUNA ESPLORADO
 5 Days Events
 bhauthik_2k21



Bhauthik
 57 subscribers
 HOME VIDEOS PLAYLISTS CHANNELS ABOUT

Uploads
 SPACE SUIT 2 views · 7 months ago
 BUOYANCY 2 views · 7 months ago
 LAND BREEZE AND SEA BREEZE 27 views · 7 months ago
 RAINBOW 7 views · 8 months ago
 DENSITY 3 views · 8 months ago
 MAGNET 23 views · 8 months ago
 WHY IS SKY IS BLUE? 23 views · 8 months ago
 PRECIPITATION 27 views · 8 months ago
 HOW DO DRONES FLY? 42 views · 8 months ago
 DO LIGHT SPINDY? 42 views · 8 months ago
 SQUAT 1W | CHIGOTTO KETU | BHAUTHIK | CHIGOTTO 30 views · 8 months ago
 JUNE 1W | READING DAY | BHAUTHIK 23 views · 8 months ago
 THE MOON | MOON LANDING DAY 23 views · 7 months ago
 MISSION BHAUTHIK | A TRIP TO MOON 116 views · 11 months ago
 WORLD ENVIRONMENT DAY | June 5 | Bhauthik 42 views · 1 year ago
 WORLD OZONE DAY | September 16 | Bhauthik 42 views · 1 year ago
 WORLD OZONE DAY | September 16 | Bhauthik 30 views · 1 year ago
 TEACHER'S DAY SPECIAL | September 5 | Bhauthik 40 views · 1 year ago

KARGIL VIJAY DIVAS: 26 JULY 2021



Kargil Vijay Divas is on 26th of July. On this date in 1999 India successfully took command of the high outposts.

<https://anchor.fm/kaathodukaathoram/episodes/Kargil-Vijay-Divas-e150ro1>

WORLD MANGROVE DAY- 26 JULY 2021



World Mangrove Day was observed on 26 July 2021 under the auspices of the Bhoomithrasena and Biodiversity clubs. The programme was organized in collaboration with Kerala Forests and Wildlife Department Social forestry extension Division, Kozhikode. An awareness seminar on Conservation of mangrove ecosystem was arranged in the online mode. Mr. Sunil Kumar K.K., Deputy Conservator of forests (NC) Extension, Kozhikode inaugurated the programme. Dr. K. Vinod, Principal Scientist, Marine Biodiversity Division,

ICAR-CMFRI Regional Station, Kozhikode delivered the keynote address. 94 students attended the programme.

JOHANN GREGOR MENDEL



As part of celebrating 200 years of the birth of Johann Gregor Mendel, a series of programmes were conducted by the department of botany. The programme was scheduled for 13 months starting from July 2021 to July 2022. Here, 6 programmes were conducted till Dec 2021. A one year of celebration was planned to conduct throughout the year.

OLYMPIC QUIZ- 30 JULY 2021



OLYMPIC QUIZ

- conducted on 30-July-2021

To show the support towards the ongoing Tokyo Olympics, from 23 July until 8 August 2021 an Olympic history quiz was conducted by NCC Unit of Providence Women's college on 30th July 2021 4:30 PM.

REPORT

Primary focus of conducting this E-Quiz was to show support towards our Indian athletes who are participating in Olympics and also to inculcate knowledge about Olympics and its History to the fellow cadets. Totally 131 cadets registered for quiz competition and 90 cadets participated. Questions and google form were prepared by SGT. Arya Sudhakaran and coordinated by UO Suriya Thomas, SGT Arya Sudhakaran and Cdt. Aryananda. Winners were awarded cash Prizes and E-certificates.

BREAST FEEDING WEEK- 1 AUGUST 2021

Breast feeding week was observed on 1st August 2021 in the online mode. An awareness class on the topic 'normalize breast feeding in public and stop



sexualizing breast' was held as a part of the programme. Ms. Rini Raveendran, Sub editor, Mathrubhoomi online news was the chief guest. 94 students attended the programme.

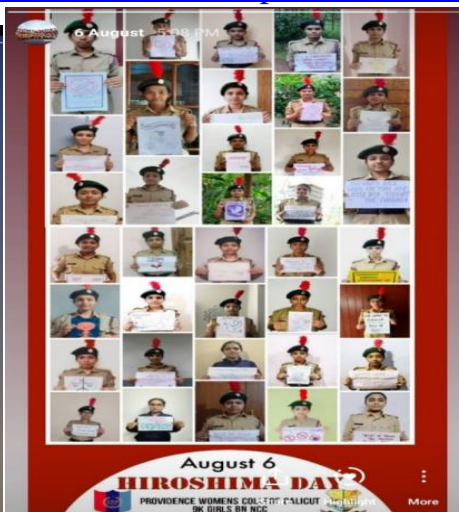
ONAM CELEBRATION



Botonam, an online competition on Onakalikal was organized on 1st August utilizing the Instagram platform. A total of 21 students participated in the various competitions organized by the department of Botany. As the pandemic has influenced the celebrations, innovative modes were developed by the students to celebrate them online and was found grand success.

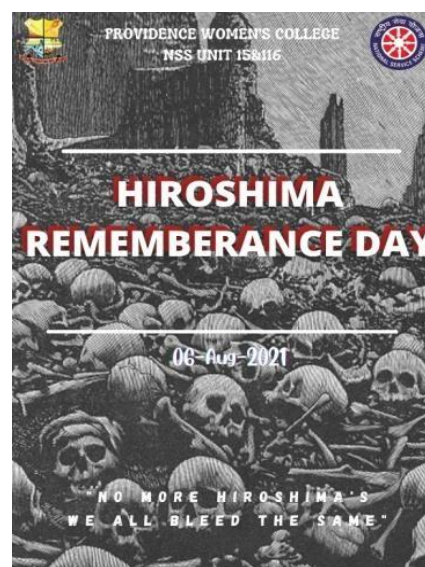
HIROSHIMA DAY: 6 AUGUST 2021

<https://anchor.fm/kaathodukaathoram/episodes/Hiroshima-Day-e15hfnf>



Hiroshima Day is observed every year on August 6 to promote peace politics and raise awareness of the effects of the bomb attack on Hiroshima. Hiroshima

city was attacked by an atomic weapon that killed thousands of lives instantly on August 6, 1945. It was the first city to be attacked by a nuclear bomb. As a matter of awareness, Renjana from the maths department, NSS volunteer of Providence women's college prepared a podcast. The podcast informs us about the tragic incidents that happened in Hiroshima, Japan.



NAGASAKI DAY: 09 AUGUST 2021

HIROSHIMA DAY

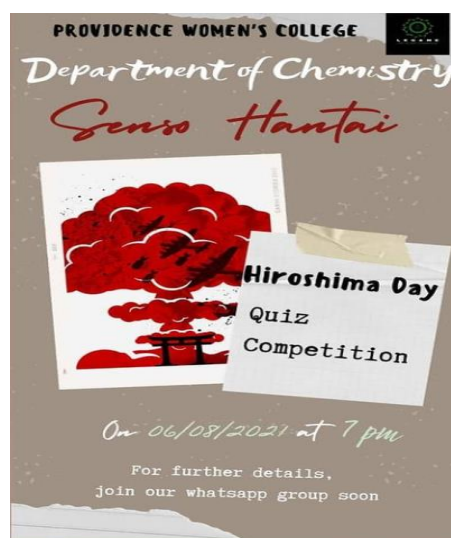
-conducted on 6-August-2021

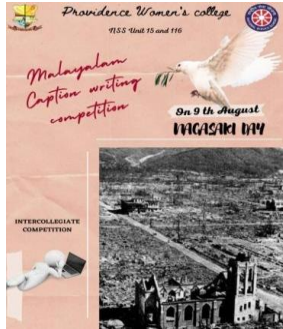
On August 6, as part of Hiroshima Nagasaki day various activities were organised by 9K NCC unit of Providence Women's College. The activities were organised in online platform. All the cadets actively took part in all of the activities. There were mainly two events.

1. Poster making
2. All the cadets lit candles.

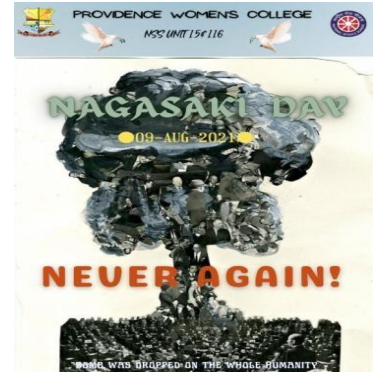
REPORT

As we all know the day is a reminder of the bombing attack on Hiroshima and Nagasaki by the United States during World War II in 1945. An atomic bomb was dropped in the city of Hiroshima, Japan. This day plays a significant role as it focuses on anti-war and anti-nuclear demonstrations in many countries. On this day, people pay a Visit to the Hiroshima Peace Memorial Museum. It archives the atomic bombing of Hiroshima in the Second World War. The day is celebrated by holding a peace ceremony in Hiroshima's Peace Memorial Park. The survivors and citizens gather to pay homage to the innocent people who were killed during the bombing. All the cadets celebrated this occasion with a hope of no more wars but peace.

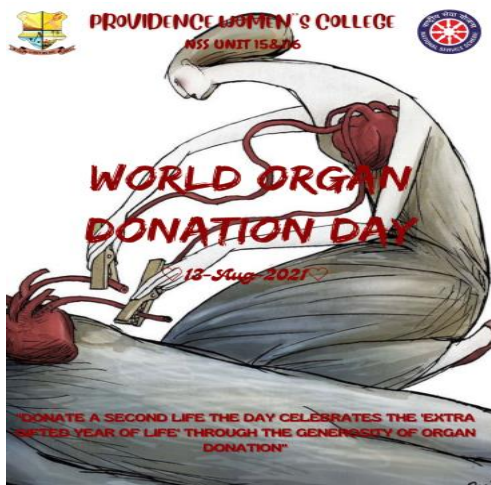




The NSS conducted a Malayalam caption writing intercollegiate competition based on a picture from Nagasaki tragedy, from the 36 entries Fathima Rifa won the first prize.



WORLD ORGAN DONATION DAY: 13 AUGUST 21



The NSS unit of the college, made Posters and shared on social media platforms to instill awareness about the day. Students conducted a series of thought presentations to generate a thought of being generous and involving ourselves in the noble deed of donating organs to the needy ones.

https://instagram.com/nss_providence?utm_medium=copy_link

INDEPENDENCE DAY- 15 AUGUST 2021



PROVIDENCE WOMEN'S COLLEGE, NCC UNIT " ARMONIA " PROGRAM REPORT BHARAT KA AMRUT MAHOTSAV

In connection to 75th Independence Day, NCC unit under Providence Women's College conducted an online program named as ARMONIA. A wide variety of competitions were conducted under this program, participated by cadets from a lot of college across Kerala. This programme was conducted under the title 'Bharat Ka Amrut Mahotsav' in order to celebrate our 75 years of Indian Independence. For the registration of the program a google form was created a week before this, and posters were shared through different social networking sites.

Programs included under ARMONIA:

- 1) Quiz
- 2) Creative Writing
- 3) WAT (Word Assessment Test)
- 4) Presentation
- 5) Brain Storming

Independence Day was celebrated and homage was paid to our freedom fighters by sending across patriotic poems and slogans that will instill patriotism in the minds of people. The students of the dept of English brought out a collection of patriotic poems fighters. The programme was on 15 AUGUST 2021.

QUIZ

Independence Day program started with Quiz Competition. The competition was held on 12/8/2021 at 10 am till 10:10 am through via google form. cadet C.Prathiba from MES Kalladi college scored top marks (17/20) .cadet Athulya S.Nair from MES Kalladi college score top marks (17/20) other cadets too achieved good scores . The quiz was conducted by Team 'ARMONIA' the NCC cadets of providence women's college.

WORD ASSESSMENT TEST

As part of the contest a Word Assessment Test was conducted on 12th August between 4 pm and 4:15 pm. 2 cadets could represent their college as a team.

CREATIVE WRITING

The creative writing competition was held to bring out the creative and critical thinking facets of the cadets. Story starters were given and cadets were asked to complete the story within 30 minutes. The competition was held on 12th August 2021 at 2pm. Cadet Ashaika Sajeevan from SNG College and Cadet Anjali PV from Sacred heart college bagged the highest score. The overall performance by each cadet was admirable.

*The conqueror of the world, our tri-colour
Let our flag always fly high.*

*It showers strength always.
It oozes out love nectar
It gives pride to the brave
It is the heart and mind of Motherland
Let our flag always fly high.*

*In the intense battle for independence
It gives josh to every moment
The enemy trembles after seeing it
(And for us) our fear and danger goes away
Let our flag always fly high.*

*Under this flag we are fearless
And our intention is the birth of Swaraj
Shout Jay for Bharat Mata
Now our aim is independence
Let our flag always fly high.*

*Come, beloved braves, come
Sacrifice everything for our nation
In one voice sing together
Beloved is our nation Bharat
Let our flag always fly high.*

*Let its prestige never go away.
Even if we give away our lives for that
Let Victory, Victory be ours
Let our pledge be realised
Let our flag always fly high.*

SLOGAN WRITING

Kerala Adivasi man's death: 15 arrested, booked for murder
117-Madras professors resigns, alleges caste discrimination
Haridwar: Casteist slurs, abuses thrown at Olympic star Vandana Katariya's family

IS INDIA REALLY INDEPENDENT?!

INSTRUCTIONS:

- Slogan should be short and eye-catching.
- Participants can use English and Malayalam languages.
- Entries via : bhauthik_2k21
- Last date: 14th August 2021
- E-certificate would be provided for the winners.

For enquiries, Contact: 9072044774

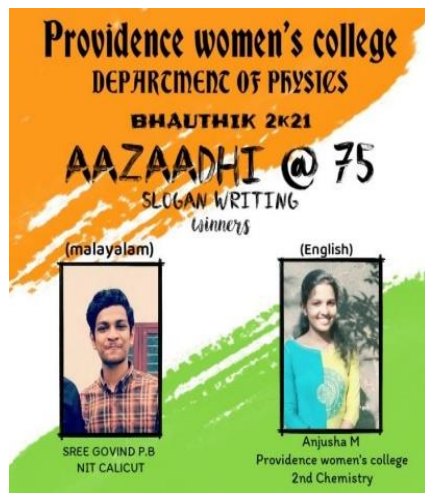
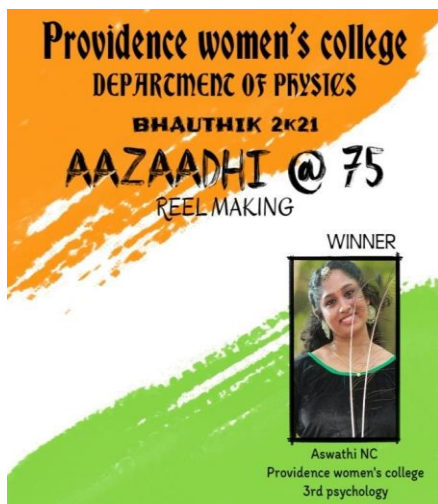
REEL MAKING

INSTRUCTIONS:

- Reel should be made showing patriotism of participant.
- Time limit: 30 seconds.
- Entries via : bhauthik_2k21
- Last date : 14th August 2021

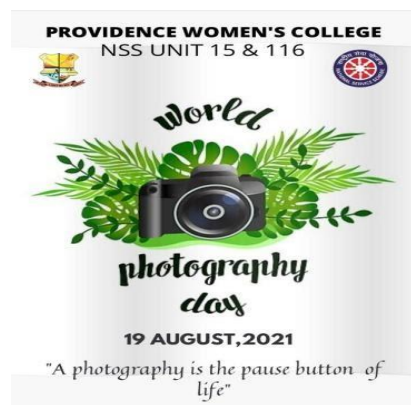
Participate and win exciting cash prize!

Department of Physics of Providence Women's College conducted competitions in association with 75th Independence Day in order to ignite patriotism. The programs were conducted online under the title AZADI@75. A slogan writing competition was conducted on the topic "Is India really independent?". Sreegovind of NIT Calicut and Anjusha M of Providence Women's College bagged the first prize in Malayalam and English respectively. A reel-making competition was also conducted. Aswathy N C of Providence Women's College won the prize



WORLD PHOTOGRAPHY DAY: 19 AUGUST 2021

https://instagram.com/nss_providence?utm_medium=copy_link

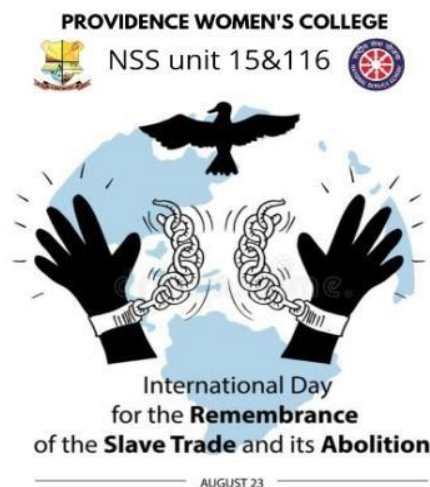


The NSS units of our college made a poster and shared it on social media platforms to instill awareness about the day. Students involved in an online discussion among themselves sharing their knowledge and experience in the field of taking photographs.

BLACK RIBBON DAY & DAY OF SLAVE ABOLITION: 23 AUGUST 2021



Made posters to observe the days and shared it on social media platforms to instill awareness about the day.



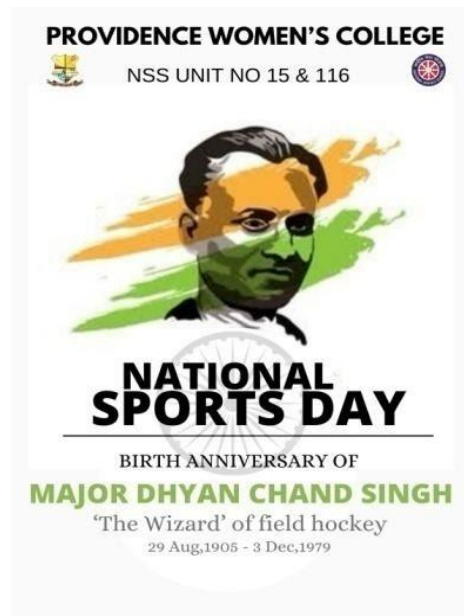
https://instagram.com/nss_providence?utm_medium=copy_link

WORLD WATER WEEK-23-27 AUGUST

World Water week was observed during 23-27 August 2021. As part this, an awareness video was released by 3 Semester UG students, through Instagram. A talk on Conservation of water was organized for PG and UG students on 23 August 2021. The programme was attended by 90 students. As part of the observance, an online completion on various topics like Make a music with water glasses, Photography competition, Healthy drink making competition etc. were organized in the online mode.

NATIONAL SPORTS DAY: 29 AUGUST 2021

<https://anchor.fm/kaathodukaathoram/episodes/National-Sports-Day-e16jqda>



The National Sports Day in India is celebrated on 29 August, on the birth anniversary of hockey player Major Dhyan Chand. This day marks the birthday of Major Dhyan Chand Singh, the hockey player who won gold medals in Olympics for India in the years 1928, 1932 and 1936. He scored 570 goals in his career, from 1926 to 1949. As a mention to this great personality and also to our athletes who participated in Olympics the NSS volunteer of providence women's college

PLACID MARIA ABRAHAM of economics department has done a podcast on the same. The editing works were done by SONAL PREETH of Department of Mathematics.

TEACHER'S DAY CELEBRATION: 5 SEPTEMBER 2021

Link: Meeting link: <https://meet.google.com/jac-zwwu-hhb>



On 5th September 2021, NSS Unit 15 & 116 of Providence women's college celebrated teacher's day via Google meet. Our NSS Unit planned various programs to entertain our program officers and to show them how inspirational they are. Talking about our main programs, first we shared the portraits of our program officers done by Krishna Priya and Annette Vincent. Then we moved on to the most funny and interesting part of our program, that is we asked some questions

to Ms. Prathiba and Ms. Vidhya to test how much they know each other. Then they shared their memorable moments with their teachers, when they were students. Then we presented a video to express our love and teacher's day wishes to them. Finally vote of thanks delivered by Amrutha N. The active participation of program officers and NSS volunteers made the program a great success and a memorable one.



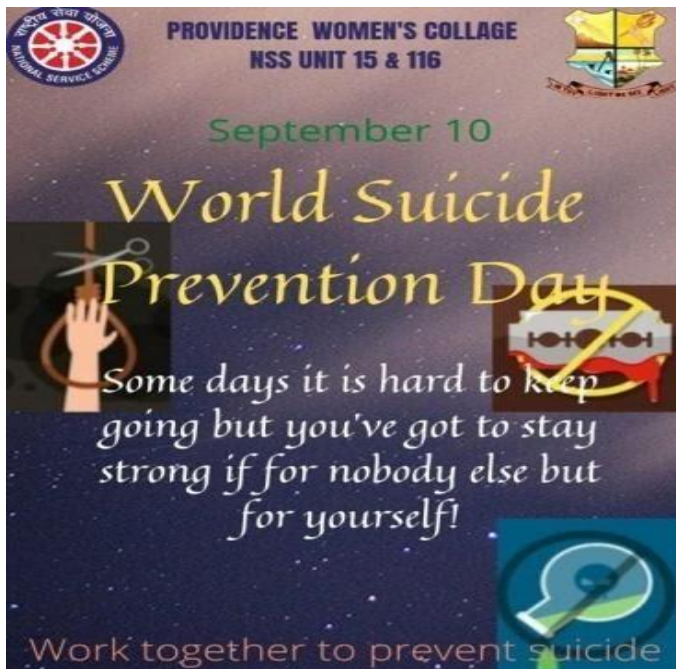
The students of department of English conducted an online programme with cultural programmes and games to celebrate the day. They also created videos for individual teachers and uploaded it on the youtube channel: <https://youtu.be/sxmdfrmejpe>

► <https://meet.google.com/yyp-kxfv-fid>

- ▶ Teacher's day celebration was conducted by Department of Mathematics on 6th September 2021 virtually. All the teachers of the department shared their memorable experiences as a student as well as a teacher. Students were motivated and inspired by those experiences. 55 students were attended and they also performed cultural programs for teachers as a token of love. They also arranged a quiz program for teachers.

WORLD SUICIDE PREVENTION DAY: 10 SEPTEMBER 2021

Link: https://instagram.com/nss_providence?utm_medium=copy_link

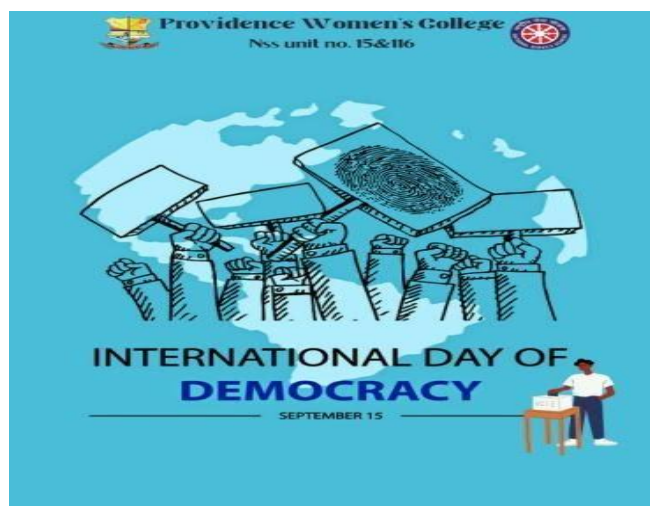


As it was found that the rate of suicides are being increasing at a tremendous rate among the youngsters, the NSS unit observes the World Suicide Day. The volunteers made and circulated posters for awareness of Suicide Prevention among their classmates and friends.

WORLD DEMOCRACY DAY: 15 SEPTEMBER

2021

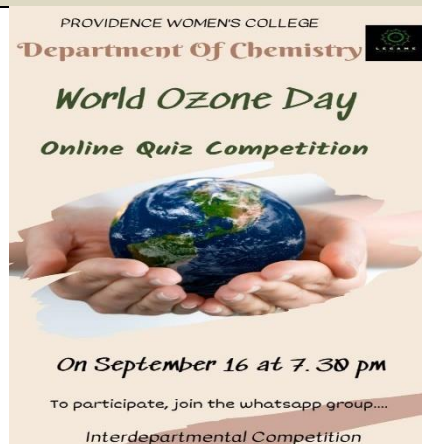
<https://anchor.fm/kaathodukaathoram/episodes/International-Day-of-Democracy-e17ci4a>



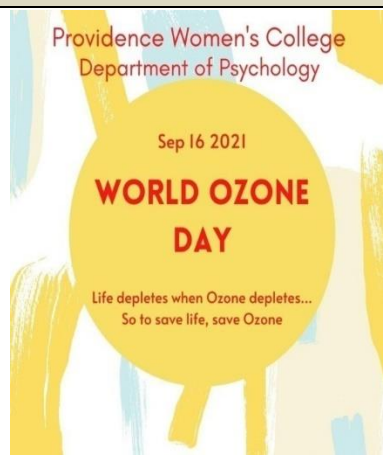
In 2007 the United Nations General Assembly resolved to observe 15 September as the International Day of Democracy—with the purpose of promoting and upholding the principles of democracy—and invited all member states and organizations to commemorate the day in an

appropriate manner that contributes to raising public awareness. One of the main aims of International Day of Democracy is to encourage governments to strengthen and consolidate democracy. Democracy is essential for the protection of human rights. On September 15th PROVIDENCE WOMEN'S COLLEGE NSS Unit no.15&166 have prepared an podcast on Democracy .The podcast was done by Vaishnavi , Drishya and Diya on the History and importance of democracy in a country.

WORLD OZONE DAY- 16 SEPTEMBER 2021



As part of observing World ozone day 2021, various competitions like poster making, slogan writing etc. were organized under the



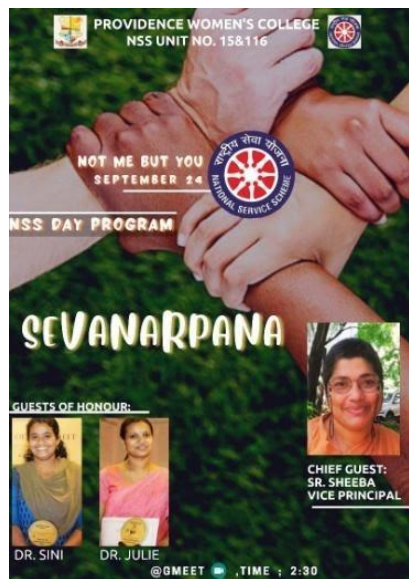
auspices of Bhoomithrasena Club. A total of 78 students participated in the programme.

WORLD ALZHEIMERS DAY: 21 SEPTEMBER 2021

<https://anchor.fm/kaathodukaathoram/episodes/World-Alzheimers-Day-e1714fs>

Podcast done by- APARNA P OF CHEMISTRY DEPARTMENT AND DIYA BIJU OF BCOM DEPARTMENT Alzheimer's is a type of dementia that affects memory, thinking and behavior. Symptoms eventually grow severe enough to interfere with daily tasks.

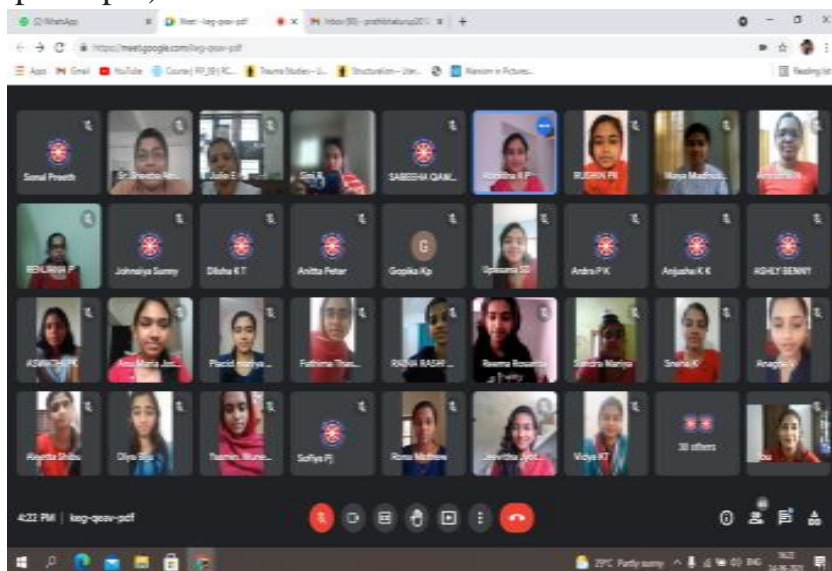
NSS DAY:24 SEPTEMBER 2021



<https://meet.google.com/keg-qeav-pdf> PODCAST

<https://anchor.fm/kaathodukaathoram/episodes/NSS-DAY-e17qm4b>

Providence Women's College NSS units (15&116) celebrated NSS day on 24th September 2021, 2:30pm via Google meet. The meet led by Sr. Sheeba(Vice principal) and Guest of Honor of Dr. Sini and Dr. Julie

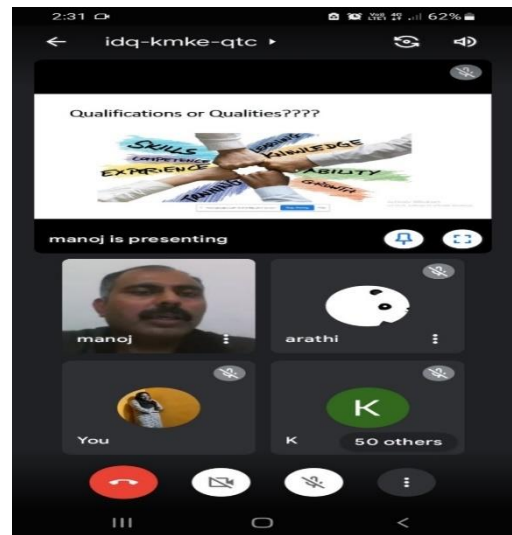
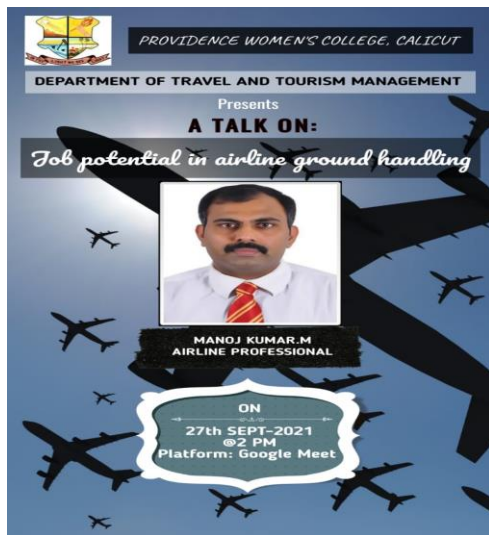


(former program officers, won state award). The programme starts with NSS prayer, Welcome speech by Vidya ma'am (program officer) Sr. Sheeba inaugurated this program and shared a

message. And then the former program officers Dr. Sini and Dr. Julie shared their 3years experience in NSS and shows their initiatives and give ideas and

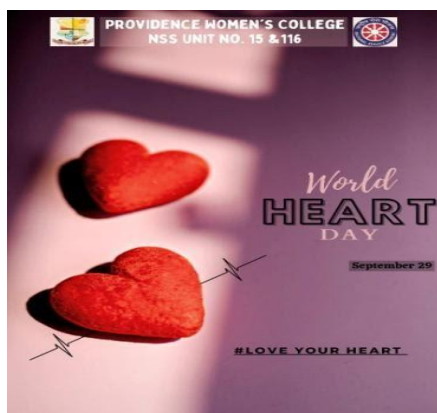
suggestions to volunteers. National Service Scheme (NSS) was introduced in 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. Then some cultural activities were held. Violin cover by Sneha, a song by Anette and Rushin, a dance by Jeevitha, Animation video based on volunteering. And shared a video that includes the initiatives done by NSS volunteers. NSS volunteers actively participated in this meet.

WORLD TOURISM DAY –SEPTEMBER 27



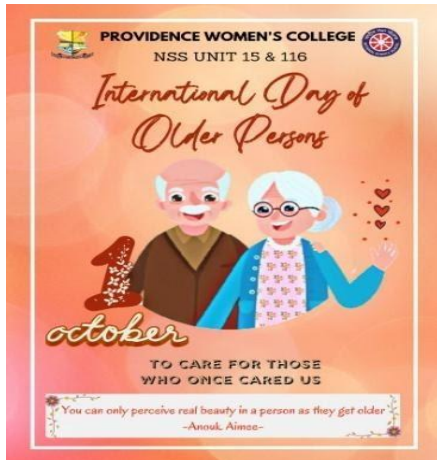
WORLD HEART DAY: 29 SEPTEMBER 2021

<https://anchor.fm/kaathodukaathoram/episodes/World-Heart-Day-e181o18>



World Heart Day, annual observance and celebration held on September 29 that is intended to increase public awareness of cardiovascular diseases, including their prevention and their global impact. On September 29th PROVIDENCE WOMEN'S COLLEGE NSS unit 15 & 116 have prepared a podcast on World Heart day.

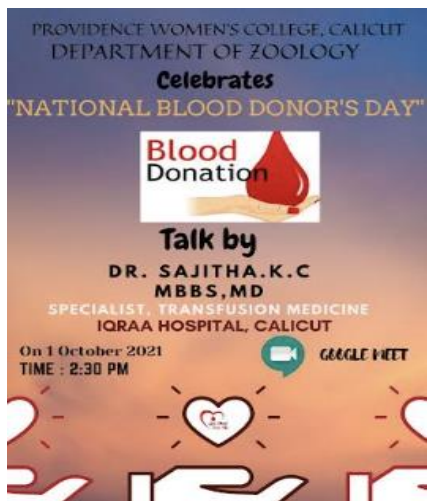
INTERNATIONAL DAY OF ELDERS: 1 OCTOBER 2021



<https://anchor.fm/kaathodukaathoram/episodes/The-International-Day-of-Older-Persons-e1855oj>

Podcast on International Day for the Older Persons was done by Fida Sherin of History Department and it was uploaded October. International Day for the Older Persons is celebrated on October 1st every year. The day is celebrated to spread awareness about the importance of senior citizens in our society and to appreciate their contributions. Also, to uplift them as economically politically and socially acceptable citizens in society.

NATIONAL BLOOD DONOR'S DAY- 2 OCTOBER 2021



On October 2nd, blood donation camp was held in association with

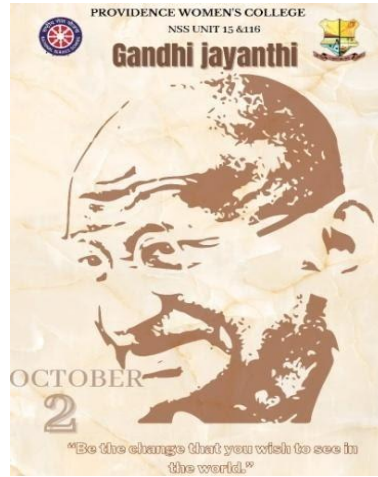


IQRAA hospital, Calicut. students of the department voluntarily donated blood.

GANDHI JAYANTHI: 02 OCTOBER 2021

[:https://anchor.fm/kaathodukaathoram/episodes/Gandhi-Jayanti-e186ja8](https://anchor.fm/kaathodukaathoram/episodes/Gandhi-Jayanti-e186ja8)

Podcast on Gandhi October. 2nd Jayanti to observe nation' on his promoted non-freed India from the but also won millions of hearts leaving its mark on world. Editing done



Jayanti was uploaded on 2nd October is celebrated as Gandhi and remember 'Father of the birthday. Mahatma Gandhi violence as a tool that not only British



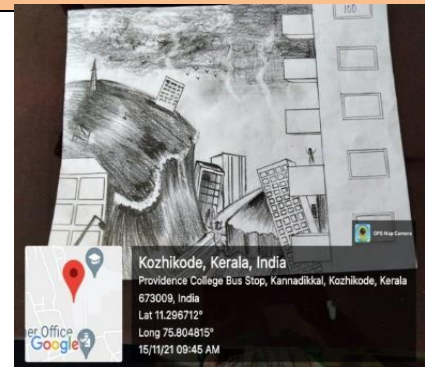
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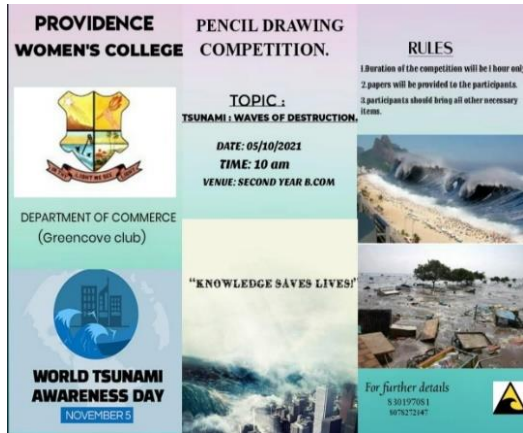
Aletta Shibu, poster done by Anupama and podcast content done by Shaniya Also Sevanavaram was arranged.



WORLD TSUNAMI AWARENESS DAY: 5 NOVEMBER 2021

The event “Tsunami: waves of destruction” was conducted as a pencil drawing competition On 5th November 2022. It was organized by green cove club on behalf of the Department of Commerce. It



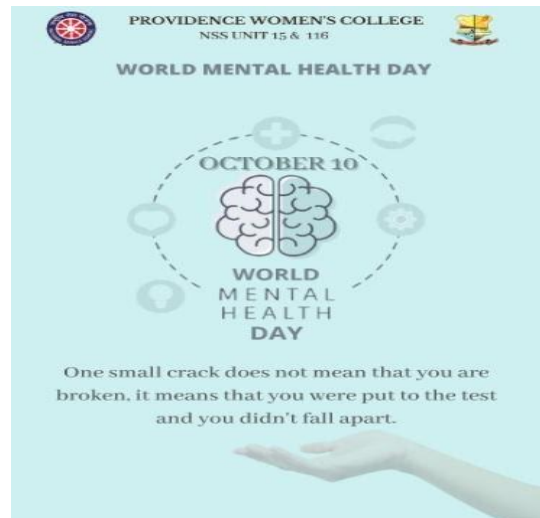


enhanced the artistic ability and skill of the students who participated in the competition. It also aimed at bringing out the realization regarding Tsunami hazard and to promote an improved understanding about early warning signs and to generate an overall idea about the importance of World Tsunami awareness day.

WORLD MENTAL HEALTH DAY: 10 OCTOBER 2021

<https://anchor.fm/kaathodukaathoram/episodes/World-Mental-Health-Day-e18iklh>

Podcast on world mental health day was uploaded on 10th October. Our world observes world mental health day on every year on October 10 because, on this time we gave people to think about their mental health and its importance. Lack of mental health and so many peoples are suffering on it. Good sleep exercise and doing things that makes you happy to helps and improve our mental health. Editing done by Aleetta Shibu poster done by Anupama and podcast content done by Ardra.



INTERNATIONAL DAY OF THE GIRL CHILD: 11 OCTOBER 2021

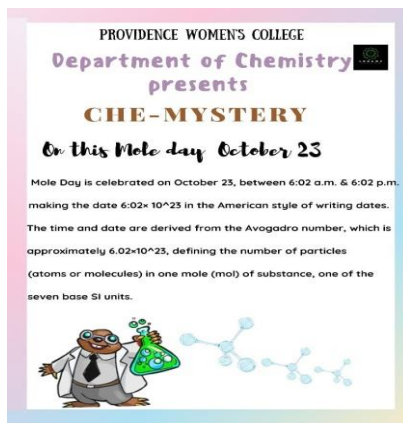
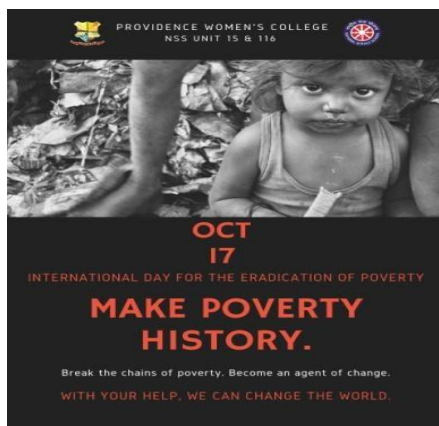
<https://anchor.fm/kaathodukaathoram/episodes/International-Day-of-the-Girl-Child-e18jqqu>

Podcast on International girl child day was posted on 11th October. The International Day of the Girl Child is celebrated annually on October 11 to empower and amplify the voices of young girls around the world. The theme, of

this year, is “Digital generation. Our generation”. Like every year, the United Nations Children's Fund (UNICEF) will celebrate International Day of the Girl Child 2021 reaffirming its pledge to promote the progress of girls and safeguard their rights. Girls know their digital realities and the solutions they need to pave paths to freedom of expression, joy and boundless potential.

INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY: 17 OCTOBER 2021

https://instagram.com/nss_providence?utm_medium=copy_link



Made and circulated posters for awareness of INTERNATIONAL DAY OF THE ERADICATION OF POVERTY.

NATIONAL UNITY DAY: 31 OCTOBER 2021

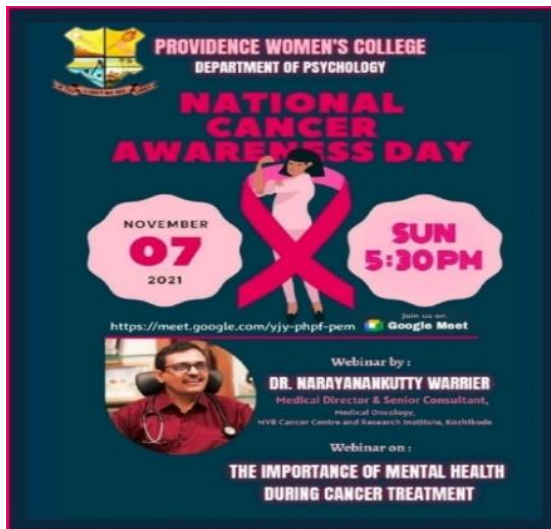


India celebrates October 31 as National Unity Day to pay tribute to veteran freedom fighter Sardar Vallabhbhai Patel, who was also the country's first home minister. As part of this,



NSS volunteers of PWC NSS unit number 15&116 had conducted parade running and taken a pledge

NATIONAL CANCER AWARENESS DAY- 7 NOVEMBER 2021



The department of psychology observed the national cancer awareness day by conducting webinar on the importance of mental health during cancer treatment.

CHILDREN'S DAY- 14 NOVEMBER 2021

Drawing competition was conducted on 14th November 2021 by the Department of Commerce as a part of Children's Day celebration. Entries were invited for pencil



sketches of Jawaharlal Nehru.

The competition aimed to bring out the artistic skill of the students. The number of

participants led the competition to a grand success. Best three were selected as winners by the teachers according to

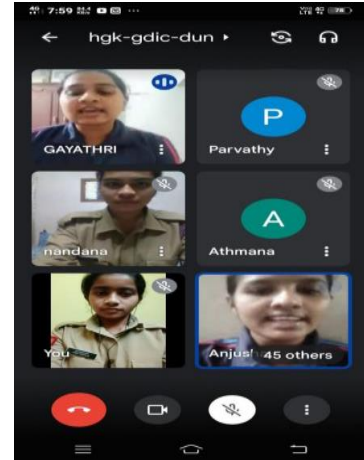


the instructions mentioned in the brochure. Children's day was celebrated with great enthusiasm and gaiety. Drawing competitions were held as a tribute to Jawaharlal Nehru. It helped the students to develop the right attitude towards a career as an artist.

NCC- 28 NOVEMBER 2021



In accordance with NCC Day Celebration, 2021 NCC Unit of Providence Women’s College, Calicut organized a webinar on the topic “Eye Donation Awareness and Pledge Taking”. Eye Donation Coordinator of Eye Bank Association Kerala, Little Flower Hospital and Research Center, Angamaly Ms.Reena Francis was the speaker of the webinar. The meeting commenced with

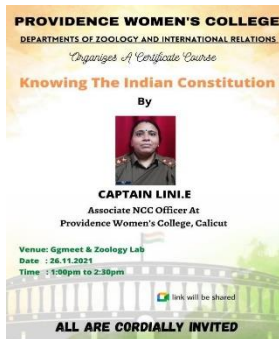


prayer by LCPL Gayathri GK followed by welcome speech by LCPL Aryananda M Ms Reena Francis gave us



an informative session about eye donation and awareness towards it. Ma’am explained all about the involvement of Eye Bank in recovering, preparing and delivering eyes for cornea transplant and research purposes. Cadets actively participated during the webinar and clarified doubts regarding the same. Cadet Parvathy K delivered the vote of thanks. LCPL Nandana Vinayan guided us through the program. With the NCC anthem the session concluded.

CONSTITUTION DAY-26 NOVEMBER 2021



On 26th November we had a talk on the topic “Knowing the Indian Constitution” By Captain Lini E, Assistant NCC officer at Providence women’s college.



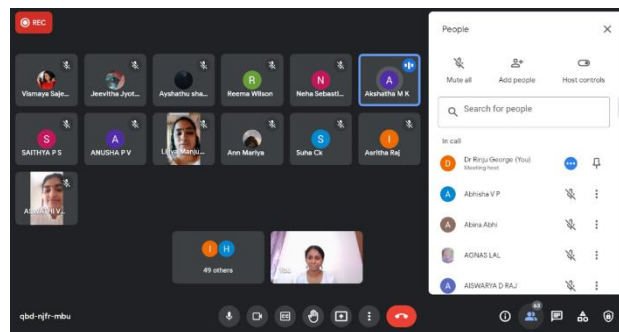
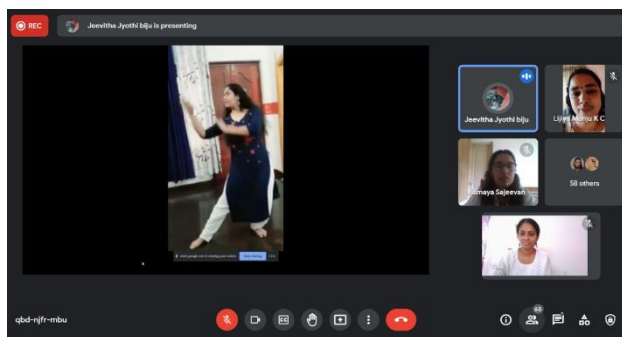
REPUBLIC DAY- 26 JANUARY 2022



On 26th January 2022 as part of Republic Day department of Computer Science had conducted an On-spot speech competition via Google Meet at 10.00AM. 8 students had participated for the competition. The winners of the competition were Revathi Narayanan Nambiar (1st year Economics), and Avanthika S Anand (1st year Mathematics).

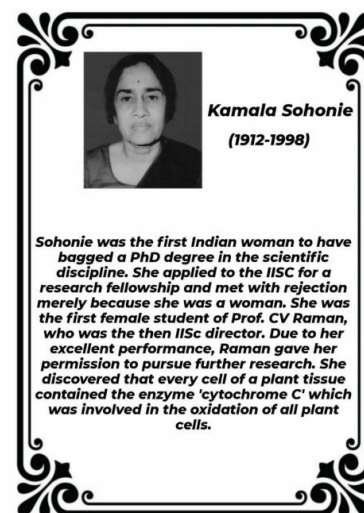
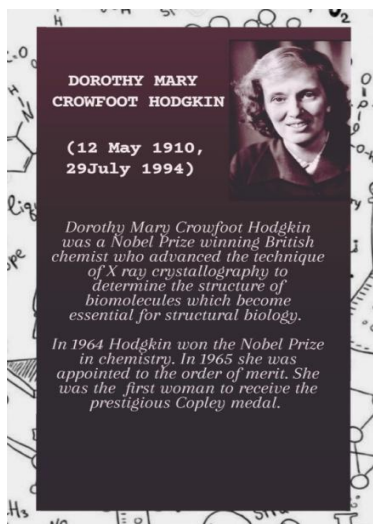


Revathi Narayanan Nambiar (1st year Economics), and Avanthika S Anand (1st year Mathematics).




INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE -11 FEBRUARY 2022

On this day 5 women scientists were introduced to the entire Chemistry family by five different students of 2nd DC



Rosalind Franklin
(25 July 1920-16 April 1958)




Rosalind Elsie Franklin was an English chemist and X-ray crystallographer .

Her work was central to the understanding of the molecular structures of DNA, RNA, viruses, coal, and graphite.

Franklin, whose lab produced the photograph that helped unravel the mystery of DNA

Awards: Louisa Gross Horwitz Prize



MARIE CURIE

Marie Salomea Skłodowska Curie was a Polish and naturalized-French physicist and chemist who conducted pioneering research on radioactivity.

She discovered polonium and radium, championed the use of radiation in medicine and fundamentally changed our understanding of radioactivity.

She was the first woman to win a Nobel Prize and the only person to win the Nobel Prize in two scientific fields.

NATIONAL SCIENCE DAY -28 FEBRUARY 2022



National science day was observed on February 28 th 2022. A puzzle competition was held via offline in the Auditorium. Fathima Hanna P.T. (I Chemistry) 1st prize, Sreya Santhosh (I Chemistry) 2nd prize, Krishna Priya V.(I Chemistry) 3rd prize.

As part of the Science day Celebration, Department of Physics, Providence Women’s

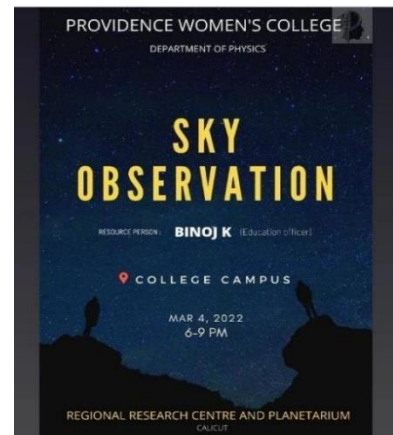
College organized a 3-day programme ‘VIGYAAN’ from February 24th , 2022.

- Day 1 –Musical Drama and a small Quiz on 24th February 2022 from the Open stage, Providence Women’s College at 12:45 pm.

- Day 2 - Treasure Hunt on 28th February 2022 whose winners were Sneha PK , Fathima Hisana and Aneena A of 3DC Physics, Providence Women’s College. And a quiz was conducted on the same day with Huda Thasneem of 3DC Physics in the 1DC position and Noura MP in the 2DC position.

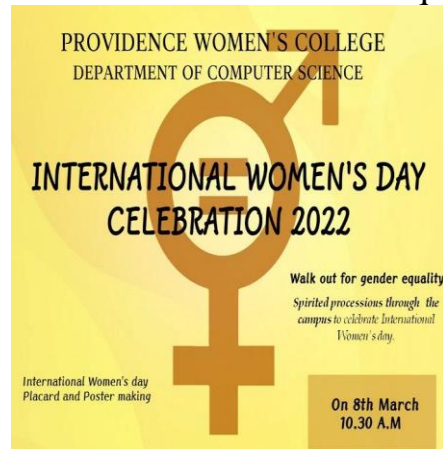


Day 3 – In association with Regional Research Centre and Planetarium organized a Sky Observation on March 4th, 2022 from 6 pm to 9 pm from the College Campus. Mr. Binoj K, the Education officer from Planetarium explained the various stars and their constellations



INTERNATIONAL WOMEN’S DAY- 8 MARCH 2022

On behalf of International Women’s Day, a Walk out for Gender Equality – Spirited

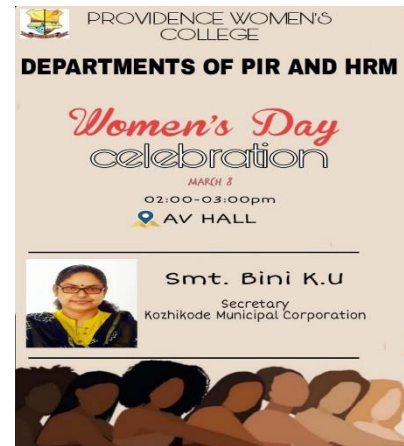
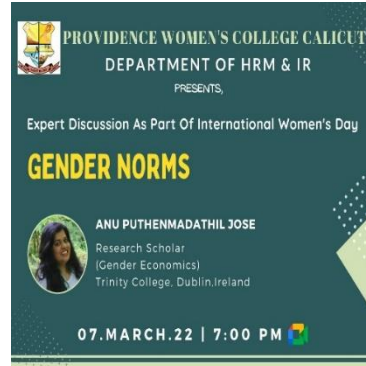


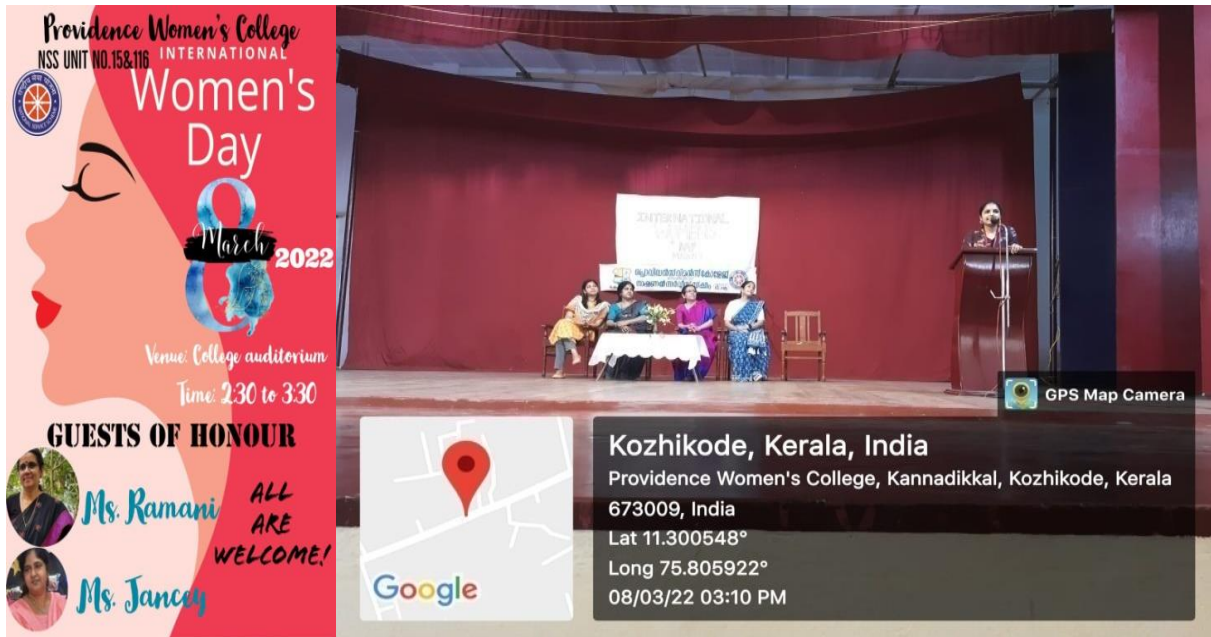
processions through the campus was conducted on Mach 8th by Department of Computer Science at 10.30 AM.



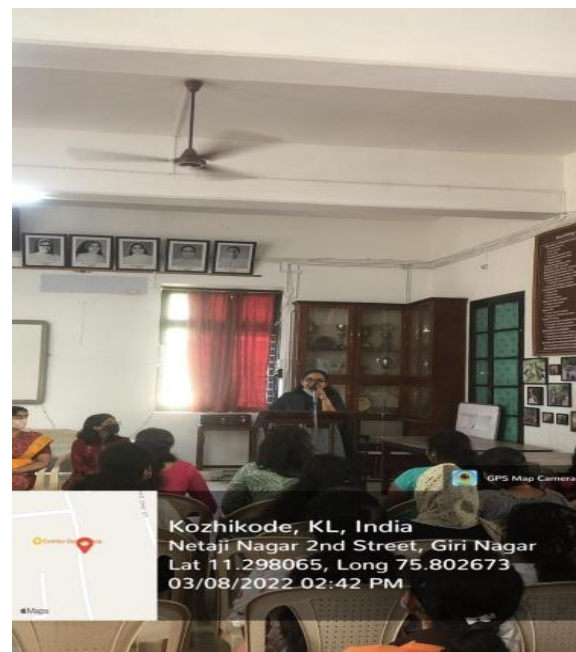
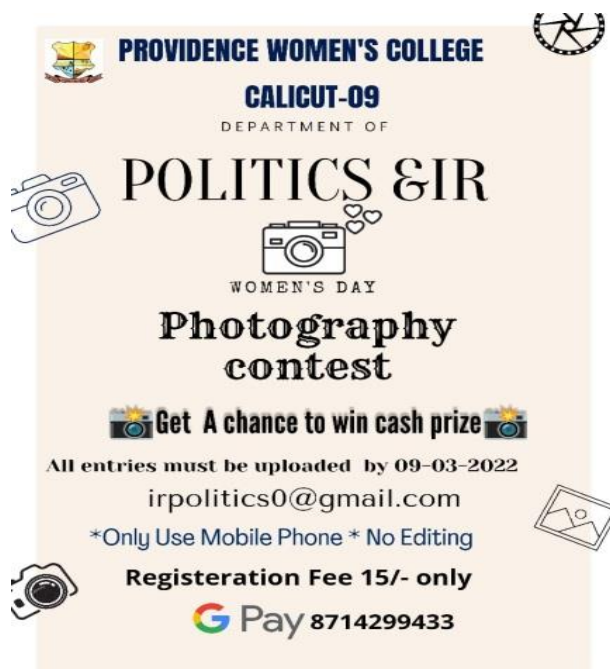
Around 60 students and 7 teachers with principal participated in the procession.

A talk on the topic entrepreneurship in chemistry opportunities and challenges was conducted on women's day March 8, 2022. The resource person was Dr Sheeba Veluthoor, managing director of CareValleys herbal technologies private limited.





International Women’s Day was celebrated by the NSS Volunteers on campus. On 8 March 2022, the NSS units conducted cultural programmes with Ms. Jancy Chacko and Ms. Ramani C.E., retiring teachers of PWC as the chief guests. Also, Ms. Amaya N, NSS volunteer who won the State award for the best volunteer was felicitated and presented a memento to recognize her efforts and achievements.



PI DAY- 14 MARCH 2022



Department of Mathematics and Statistics Presents **Sudoku Competition** As a part of **π Day Celebrations**

*Open to all departments
*To be conducted offline on 14th March 2022

To register contact :6282971862
Last date of submission: 13th March 2022
Venue: Providence women's college

A Sudoku Competition was held on the occasion of Pi day on 14th March 2022 inside the campus and was open to all the departments. The first position was bagged by KRISHNAPRIYA V of Providence Women's College, second position by NOORA ASHRAF of Providence Women's College and third by SREYA SANTHOSH of Providence Women's College.



EARTH DAY- 22 APRIL 2022

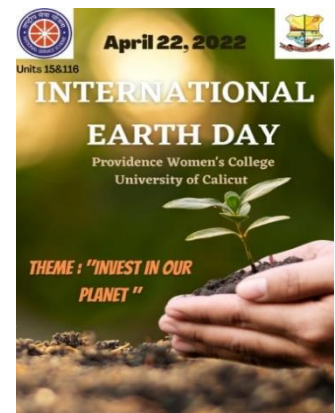


Earth Day
22 APRIL

Providence women's college
Department of psychology
Celebrates World Earth Day by
Planting trees

We are inviting photos of you
protecting/caring our Mother earth
Sharing Your care through
whatsapp 96879871159

Cherukunnu, Kerala, India
XG06+R59, Cherukunnu, Kerala 670301, India
Lat 11.98955°
Long 76.310443°
22/04/22 02:35 PM



April 22, 2022

INTERNATIONAL
EARTH DAY

Providence Women's College
University of Calicut

THEME: "INVEST IN OUR
PLANET"

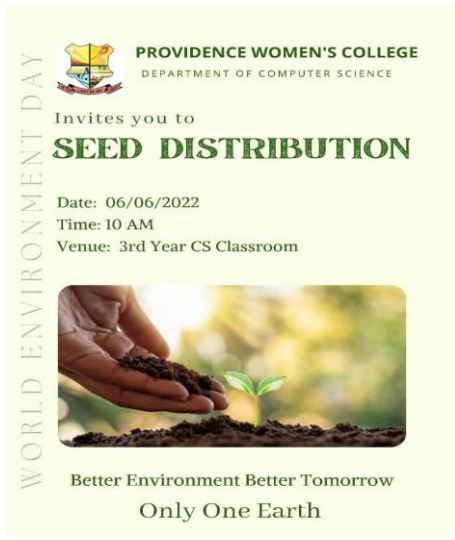
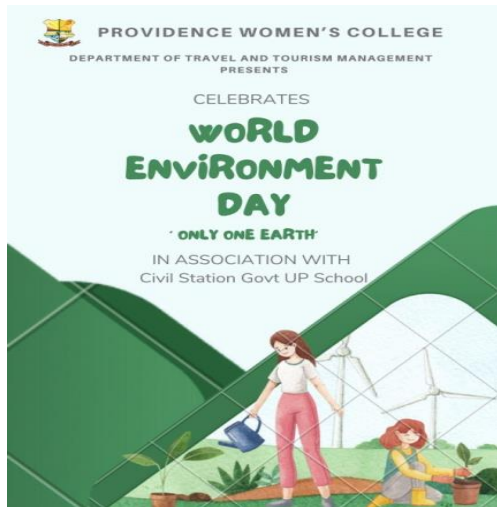


On the occasion of International Earth Day, the 100 volunteers planted saplings in their home and community premises. The activity was conducted on 22 April 2022, and the theme was “Invest in our planet”

WORLD ENVIRONMENT DAY- 5 JUNE 2022

On June 5th Environment Day was celebrated. Saplings were distributed to students to grow it at their residence. 50 saplings were distributed in all. Department of Travel and Tourism Management celebrated World Environment Day in association with AUP School, Civil Station on June 6 2022. 15 students and 2 teachers from the department participated in this programme. An interactive session and Quiz competition was conducted by the students. The programme gave an insight about conserving the environment and surroundings.

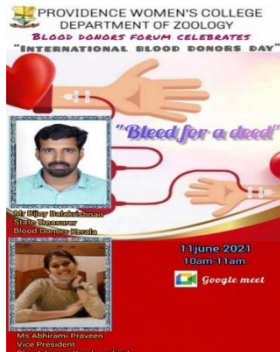




On behalf of World Environment Day Department of Computer Science had conducted Seed Distribution and a Poster Making Competition was

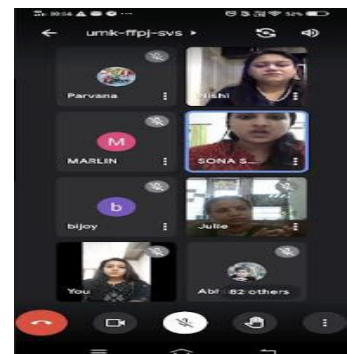
conducted on 6th June 2022. 30 students of III year Computer Science and 6 teachers had participated for the program. Kadeeja Zuha of III year Computer Science bagged 1st Prize for the Poster Making Competition.

INTERNATIONAL BLOOD DONOR'S DAY- 11 JUNE



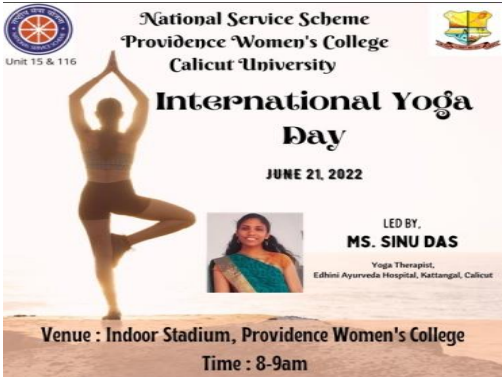
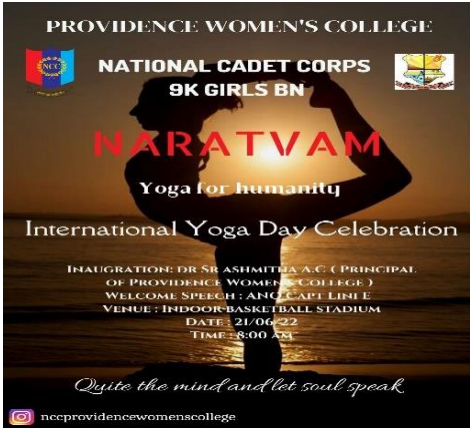
On June 11 International Blood donors' day was celebrated. A talk on "Bleed for Deed" was organized by Blood Donors Kerala. Ms. Abirami Praveen, Vice President Blood Donors Kerala Calicut and Mr. Bijoy Balakrishnan, State Treasurer Blood Donors Kerala gave us a very informative

session.



INTERNATIONAL YOGA DAY-21 JUNE 2022

International Yoga Day was observed by the NSS Units on 21 June 2022 at the Indoor stadium, PWC from 8 am to 9 am. The session was led by Ms. Sinu Das, Yoga Therapist, Edhini Ayurveda Hospital, Calicut and is an expert yoga practitioner who runs her own Yoga centre. The volunteers were given sessions on various asanas and were provided awareness about the importance of exercise in this fast paced modern world



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DRUG ABUSE DAY- 26 JUNE 2022



On Drug abuse day (June 26th) Competitions such as poem writing, Comic strip making and sound of oath is conducted through online platform. Meaningful poems were written both in English and vernacular language.