

2017-2018

Group Counseling

9/08/2017

1. AA (III Zoology)
2. AMS (II Botany)
3. J M J (III Maths)
4. D D (III Maths)
5. F A P (III History)

Presenting Problem: Academically backward

Referee : Tutors

Took a motivation class for the following students. Including techniques to improve memory and how to change study habit.

③ Relaxation techniques. are the topic covered in the group counseling.

Head of the Department

Liji P. G. huss

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personal counseling

(Follow up)

Name : J U (II B Com)

24/10/2017

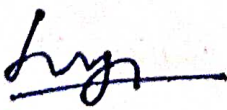
Diagnosis : Anxiety

The student have severe exam anxiety. That negatively affect her studies. So she seek help for the exam anxiety.

Treatment : cognitive counseling

Relaxation technique

Head of the department


Liji P. S.

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