

2019-2020

Name : P.K

24/7/2019

Age : 21 yrs

Department : Economics

Diagnosis : Anxiety

She is suffered from specific phobia (Exam phobia). She also shows symptoms of anxiety and depression.

complaints : could not attend lectures

could not concentrate at exam hall.

Not able to decide her goal.

Treatment : Cognitive behavioral therapy

Follow up : Needed.

COUNSELOR


LIJYA MANJU K.C.

DEPARTMENT OF PSYCHOLOGY
PROVIDENCE WOMEN'S COLLEGE
CALL NO. 673009

Name : AT

4/9/2019

Age : 19

Department : psychology (II yrs)

Diagnosis : Sleep difficulty


she is suffering from sleeplessness

The duration is almost 4 months. Having

some family issues. The parents are
decided ~~going~~ to submit divorce petition. The

Treatment : Family therapy

COUNSELOR


Lijiya + Ranji

DEPARTMENT OF PSYCHOLOGY
PROVIDENCE COLLEGE
CALICUT-673009

Name : RN

6/12/2019

Age : 20

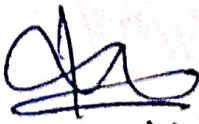
Department: Physics (II DC)

Diagnosis : OCD (Obsessive compulsive disorder)

She had diagnosed OCD. Had symptoms like recurring thoughts of cleanliness, that make her feel anxious all the time. And that also affect their her day to day living. Always late at college, could not able to submit home works and other duties at on time.

Treatment: Referred to a clinical psychologist

COUNSELOR


Lijya Menon

DEPARTMENT OF PSYCHOLOGY
PROVIDENCE WOMEN'S COLLEGE
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