# 1.3.2 Percentage of students undertaking project work/field work/internship (Data for the latest completed academic year)

**Programme Name : B.Sc. Psychology** 

SI. No.	Programme Code	Name of students undertaking project work/field work/internship	Project title page & Report /photograph of Field work	Completion Certificate
1	PWBSPS	ABINA K	CLICK HERE	
2	PWBSPS	AISWARYA D RAJ	CLICK HERE	
3	PWBSPS	ALKA V J	CLICK HERE	
4	PWBSPS	ANGEL SANDRA MARIYA	CLICK HERE	
5	PWBSPS	ANJALI S KUMAR	CLICK HERE	
6	PWBSPS	ANJANA R	CLICK HERE	
7	PWBSPS	ANSILA V P	CLICK HERE	
8	PWBSPS	ANUPAMA LEAJAN	CLICK HERE	
9	PWBSPS	ANUSHA P V	CLICK HERE	
10	PWBSPS	ASWANI P M	CLICK HERE	
11	PWBSPS	ASWATHI N C	CLICK HERE	
12	PWBSPS	AVANI K V	CLICK HERE	CLICK HERE
13	PWBSPS	C N SULFATH	CLICK HERE	
14	PWBSPS	DILSHA P P	CLICK HERE	
15	PWBSPS	FAHMIDA P T	CLICK HERE	
16	PWBSPS	FATHIMA SHEDA P P	CLICK HERE	
17	PWBSPS	FATHIMATH FIDA	CLICK HERE	
18	PWBSPS	FEMIYA JOSY	CLICK HERE	
19	PWBSPS	ISHMA HANA K H	CLICK HERE	
20	PWBSPS	LAKSHMI K	CLICK HERE	
21	PWBSPS	M SIVASHANKARI PRIYADHARSHINI	CLICK HERE	

22	PWBSPS	MEGHA P V	CLICK HERE	
23	PWBSPS	MUNAWARA K V	CLICK HERE	
24	PWBSPS	NAKSHATRA SUBHASH	CLICK HERE	
25	PWBSPS	NAVYA PRASAD	CLICK HERE	
26	PWBSPS	NEERAJA S MAHESH	CLICK HERE	
27	PWBSPS	NISHMA MUJEEB	CLICK HERE	
28	PWBSPS	NITHYADAS P P	CLICK HERE	
29	PWBSPS	RIZA	CLICK HERE	
30	PWBSPS	SAITHYA P S	CLICK HERE	
31	PWBSPS	SHABEEBA NASRIN C	CLICK HERE	
32	PWBSPS	SHAHANA K	CLICK HERE	
33	PWBSPS	SHAHNA SHARIN P	CLICK HERE	
34	PWBSPS	SOORYA PRAKASH K	CLICK HERE	
35	PWBSPS	SREYA C	CLICK HERE	
36	PWBSPS	SWETHA K V	CLICK HERE	
37	PWBSPS	AGNAS LAL		
38	PWBSPS	ALPHY MATHEW		
39	PWBSPS	AMINA NIHALA		
40	PWBSPS	ANAGHA BABU O		
41	PWBSPS	ANAMIKA M		
42	PWBSPS	ARATHI K		
43	PWBSPS	ARYA T V		
44	PWBSPS	AVANI S R		
45	PWBSPS	AVANTHIKA PRAKASH		
46	PWBSPS	AYSHA NIDHA P	CLICK HERE	CLICK HERE
47	PWBSPS	AYSHATHU SHAZIYA		
48	PWBSPS	BHAVANA P K		
49	PWBSPS	CHAITHRA K P		
50	PWBSPS	DARIN CHAND		
51	PWBSPS	DHARSHANA UMESHAN		
52	PWBSPS	DIYA P S		
53	PWBSPS	ELIZABATH ANTONY		

54	PWBSPS	ESANA K M	
55	PWBSPS	FARHA K V	
56	PWBSPS	FATHIMA FENNA K	
57	PWBSPS	FATHIMA NIHIDHA P K	
58	PWBSPS	GAYATRI MANIKANDAN	
59	PWBSPS	GOURINANDA V R	
60	PWBSPS	НАМПА К М	
61	PWBSPS	HELNA ROSE JACKSON	
62	PWBSPS	HINA FATHIMA M	
63	PWBSPS	HRITHIKA S	
64	PWBSPS	HRITHUNANDA T K	
65	PWBSPS	ISHMA KHADEEJA	
66	PWBSPS	JASMIN N P	
67	PWBSPS	LISABETH P ARNOLD	
68	PWBSPS	MADHURIMA C V	
69	PWBSPS	MUHSINA SHIRIN P	
70	PWBSPS	NADHA P N	
71	PWBSPS	NANDANA K T	
72	PWBSPS	NANDANA RAVEENDREN	
73	PWBSPS	NEHA SEBASTIAN	
74	PWBSPS	NIDHINSHA P B	
75	PWBSPS	NIRUPAMA HARISH	
76	PWBSPS	NUZHA K	
77	PWBSPS	RAFNA	
78	PWBSPS	RINSHA SHERIN E P	
79	PWBSPS	SANA THADAKKATTIL	
80	PWBSPS	SHIVANI	
81	PWBSPS	SREESHMA G S	
82	PWBSPS	SUHA C K	
83	PWBSPS	SUNENA KRISHNA E K	
84	PWBSPS	SURYANJALI P	
85	PWBSPS	THEERTHA DEVADAS P	
86	PWBSPS	ABHISHA V P	

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87	PWBSPS	ADEEBA FATHIMA T V		
88	PWBSPS	AFNAN JENNATH		
89	PWBSPS	AISWARYA M		
90	PWBSPS	AKSHATHA M K		
91	PWBSPS	AMEYA JOHNS		
92	PWBSPS	AMNA ASHRAF T K		
93	PWBSPS	ANN MARIYA		
94	PWBSPS	ANSHA A		
95	PWBSPS	ARATHI S SKAW		
96	PWBSPS	ARATHI SANTHOSH KUMAR		
97	PWBSPS	ARDRA N		
98	PWBSPS	ASWATHY P	CLICK HERE	CLIC
99	PWBSPS	ATHIRA M		
100	PWBSPS	AYISHA SHIHA		
101	PWBSPS	CEANNA P U		
102	PWBSPS	DEEPITHA M		
103	PWBSPS	DEVIKA T		
104	PWBSPS	DILFA JAFER		
105	PWBSPS	FATHIMA NOURIYYA Y		
106	PWBSPS	FATHIMA SANU T K		
107	PWBSPS	FATHIMA THAHANIYA P		
108	PWBSPS	HAMNA A P		
109	PWBSPS	HIBA FATHIMA MUHAMMED BASHEER		
		SEENATH		
110	PWBSPS	HIDA THASNEEM		
111	PWBSPS	JEEVITHA JYOTHI BIJU		
112	PWBSPS	LETTISHIYA JAMES		
113	PWBSPS	MIDHUNA S		
114	PWBSPS	NANDANA K		
115	PWBSPS	NANDANA K K		
116	PWBSPS	NANDANA S		
117	PWBSPS	NEHANA K M		
118	PWBSPS	PARVATHY K		

119	PWBSPS	REEMA WILSON		
120	PWBSPS	RENITA ROHIT		
121	PWBSPS	RIFA		
122	PWBSPS	SHAHA HARIS V		
123	PWBSPS	SHAKIRA		
124	PWBSPS	SNEHA J S		
125	PWBSPS	SNEHA JASEENTHA E S		
126	PWBSPS	SNEHA P		
127	PWBSPS	SNEHA RAJ M V		
128	PWBSPS	SOUMYA P		
129	PWBSPS	SWATHI K SATISH		
130	PWBSPS	VARNA LAKSHMI V P		
131	PWBSPS	VISMAYA SAJEEVAN E		
132	PWBSPS	VISMAYA V K		
133	PWBSPS	YASMIN P		
134	PWBSPS	Jeevitha Jyothi babu	CLICK HERE	
135	PWBSPS	Lakshmi K	CLICK HERE	
136	PWBSPS	ANGEL SANDRA MARIYA	CLICK HERE	CLICK HERE
137	PWBSPS	Shaha Haris	CLICK HERE	
138	PWBSPS	M SIVASHANKARI PRIYADHARSHINI	CLICK HERE	

# INTERNSHIPS/FIELD WORK/PROJECT Department of Psychology 2021-22

## Providence Women's College

Re-Accredited with A+ Grade by NAAC

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#### CERTIFICATE

This is to certify that the following students of III year B.Sc. Psychology completed their project/ fieldwork as a part of their curriculum during the academic year 2021-22

ABINA K
AISWARYA D RAJ
ALKA V J
ANGEL SANDRA MARIYA
ANJALI S KUMAR
ANJANA R
ANSILA V P
ANUPAMA LEAJAN
ANUSHA P V
ASWANI P M
ASWATHI N C
AVANI K V
C N SULFATH
DILSHA P P
FAHMIDA P T
FATHIMA SHEDA P P
FATHIMATH FIDA
FATHIMATH FIDA  FEMIYA JOSY  GO DENCE WO

U. V.	0 Y
LAKSHMI K	-
M SIVASHANKARI PRIYADHA	ARSHINI
MEGHA P V	40
MUNAWARA K V	*
NAKSHATRA SUBHASH	
NAVYA PRASAD	
NEERAJA S MAHESH	
NISHMA MUJEEB	
NITHYADAS P P	V
RIZA	
SAITHYA P S	
SHABEEBA NASRIN C	
SHAHANA K	
SHAHNA SHARIN P	
SOORYA PRAKASH K	¥
SREYA C	

Dr. Sr. Jaseena Joseph Principal (PEN 470173) Providence Women's College Kozhikode - 673 009

#### "RELATIONSHIP BETWEEN HAPPINESS AND SELF-ESTEEM AMOUNG COLLEGE STUDENTS"

A project submitted to University of Calicut in partial fulfilment of the Degree of

BACHELOR OF SCIENCE IN PSYCHOLOGY

By,

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Date

ABINA.K

Ov. Rigin Georg

Dr. Pary'n George

DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE CALICUT-673009

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# 'AN EXPLORATION OF ALTRUISM AMONG NSS AND NON NSS STUDENTS'

A project submitted to university of Calicut in partial fulfilment of the degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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2019 -2022

MISS. AISWARYA D RAJ hereby declare that the dissertation report entitled 'AN **EXPLORATION OF ALTRUISM AMONG NSS AND NON NSS STUDENTS 'is a** bonafide work done by me for the award of Degree of Bachelor of Science in Psychology of the Calicut University during the year 2019 -2022. This work has been placed by anybody in any University for the award of any Degree or Diploma.

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AISWARYA D RAJ

Date

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Dr. Lijiya Manja Guide/Supervisor

Head of department

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#### "ROLE OF AGGRESSION AND ANXIETY AMONG ADOLESCENTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

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By,

ALKA V.J

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Date

ALKA V.

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## "RELATIONSHIP OF INTERNET ADDICTION WITH DEPRESSION IN COLLEGE STUDENTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

Ву,

#### **ANGEL SANDRA MARIYA**

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Diploma.

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Date

ANGEL SANDRA MARIYA

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## "STUDY ON INTERNET ADDICTION AND ACADEMIC PERFORMANCE AMONG COLLEGE STUDENTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

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2019-2022

"STUDY ON INTERNET ADDICTION AND ACADEMIC PERFORMANCE AMONG COLLEGE STUDENTS"

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award ofany Degree or Diploma.

Calicut

Date

ANJALI S KUMAR

Or Guyu Lear Guide/Supervisor

Head of the dept.

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Type text]

# 'A COMPARITIVE STUDY ON ANXIETY AMONG TYPE 2 DIABETEIC PATIENTS AND NON DIABETIC GROUP'

A project submitted to university of Calicut in partial fulfilment of the degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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#### **ANJANA R**

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2019 -2022

I,Mrs.Anjana R hereby declare that the dissertation report entitled 'A

COMPARITIVE STUDY ON ANXIETY AMONG TYPE 2 DIABETIC PATIENTS AND NON

DIABETIC GROUP ' is a bonafide work done by me for the award of Degree of

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2022. This work has been placed by anybody in any University for the award of any

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ANJANA R

Date

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## "ANXIETY AND PSYCHOLOGICAL WELL-BEING AMONG YOUNG ADULTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

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I. Ms. ANSILA.V Phereby declare that the dissertation report entitled

## " ANXIETY AND PSYCHOLOGICAL WELL-BEING AMONG YOUNG ADULTS "

is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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# "A COMPARATIVE STUDY ON PSYCHOLOGICAL WELL-BEING AMONG STUDENTS PURSUING PROFESSIONAL AND NON-PROFESSIONAL COURSES"

A project submitted to university of Calicut in partial fulfillment of the degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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I. Ms. ANUPAMA LEAJAN hereby declare that the dissertation report entitled "A COMPARATIVE STUDY ON PSYCHOLOGICAL WELL-BEING AMONG STUDENTS PURSUING PROFESSIONAL AND NON-PROFESSIONAL COURSES" is a bonafide work done by me for the award of Degree of Bachelor of Science in Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in ay University for the award of any Degree or Diploma

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ANUPAMA LEAJAN

Date

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#### "STUDY HABITS AMONG AIDED AND UNAIDED COLLEGE STUDENTS"

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I, Ms. ANUSHA P.V hereby declare that the dissertation report entitled "STUDY HABITS AMONG AIDED AND UNAIDED COLLEGE STUDENTS" is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or

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Date

28/4/22

ANUSHA P.V

Dr. Rigin fease Guide/Supervisor

DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE **CALICUT-673009** 

# 'STUDY ON RELATIONSHIP BETWEEN INTERNET ADDITION AND LONELINESS IN EARLY ADULTHOOD'

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Ms ASWINI PM hereby declare that the dissertation report entitled "A STUDY ON RELATIONSHIP BETWEEN INTERNET ADDICTION AND LONELINESS IN EARLY ADULTHOOD" is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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**ASWANI PM** 

Date: 28/4/22

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## 'THE RELATIONSHIP BETWEEN MARITAL ADJUSTMENT AND LIFE SATISFACTION AMONG WOMEN'

A project submitted to the University of calicut in partial fulfillment of the degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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# CERTIFICATE OF INTERNSHIP

This is to certify that

Lakshmi K

has attended Online Internship Training at

#### **Trust Center for Mindful Living**

from 01/05/2021 to 15/05/2021.

Total days of training were 15 days.

Q ... to

Dr. Prajeesh Palanthara Director & Psychologist TRUST Center for Mindful Living Mysate

Mr. Jeril Joseph
Director & Psychologist
TRUST Center for Mindful Living

I, Ms. ASWATHI.N.Chereby declare that the dissertation report entitled

#### "THE RELATIONSHIP BETWEENMARITAL ADJUSTMENT AND LIFE SATISFACTION AMONG WOMEN"

is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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Date

ASWATHIN.C

Dr. Birgin George

Guide/Supervisor

Dr. Rigin George Head of the dept.

DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE CALICUT-673009

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# "STUDY ON RELATIONSHIP BETWEEN EMOTIONAL MATURITY AND ADJUSTMENT AMONG ADOLESCENTS

A project submitted to University of Calicut in partial fulfillment of the Degree of

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**REGISTER NO: PWATSPY009** 

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Assistant professor

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I, Ms. AVANIK V hereby declare that the dissertation report entitled

#### " A STUDY ON RELATIONSHIP BETWEEN EMOTIONAL MATURITY **AND ADJUSTMENT AMONG ADOLESCENTS**"

is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

Calicut

Date

AVANIK V

Guide/Supervisor

Head of the dept.

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## "STUDY OF MARITAL ADJUSTMENT AMONG MIDDLE AGED WOMENS OF LAKSHADWEEP AND KERALA

A project submitted to University of Calicut in partial fulfillment of the Degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

BY

#### **CN SULFATH**

REGISTER NO: PWATSPY022

Under the supervision of

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Assistant professor

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DEPARTMENT OF PSYCHOLOGY

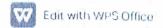
PROVIDENCE WOMEN'S COLLEGE

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CALICUT

2019-2022

[Type text]



I. Ms. C.N SULFATH hereby declare that the dissertation report entitled

" MARITAL ADJUSTMENT AMONG MIDDLE AGED WOMEN'S OF LAKSHADWEEP AND KERALA"

is a bonafide work done by me for the award of the Degree of Bachelor of Science on

Psychology of the Calicut University during the year 2019-2022. This work has not been

placed by anybody in any University for the award of any Degree or

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Date

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Head of the dept.

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## 'THE COMPARATIVE STUDY:SUICIDAL IDEATION AMONG PSYCHOLOGY STUDENTS NON PSYCHOLOGY STUDENTS'

A project submitted to the University of calicut in partial fulfillment of the degree of

#### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

BY

DILSHA P.P

REGISTER NO :PWATSPY023

Under the supervision of MS ASRITHA RAJ

Dept.of psychology, Providence women's college



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#### **DECLARATION**

I, Ms. DILSHA.P.P hereby declare that the dissertation report entitled 
"THE COMPARATIVE STUDY:SUICIDAL IDEATION AMONG 
PSYCHOLOGY STUDENTS AND NON PSYCHOLOGY STUDENTS " 
is a bonafide work done by me for the award of the Degree of Bachelor of Science 
on Psychology of the Calicut University during the year 2019-2022. This work has

not been placed by anybody in any University for the award of any Degree or

Diploma.

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Date 28/4/2022

DILSHA,P.P

Guide/Supervisor

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# " RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND SELF ESTEEM AMONG ADOLESCENTS"

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DEPARTMENT OF PSYCHOLOGY
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MALAPARAMBA, CALICUT UNIVERSITY OF
CALICUT
2019-2022

I, Ms. FAHMIDA P.T hereby declare that the dissertation report entitled

### "RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND SELF ESTEEM AMONG ADOLESCENTS"

is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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Date 28/4/2022

FAHMIDA P.T

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DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE

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### "STUDY OF RELATIONSHIP BETWEEN SOCIAL MEDIA ADDICTION AND SELF-ESTEEM AMONG ADOLESCENTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

By,

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I, Ms. FATHIMA SHEDA.P P hereby declare that the dissertation report entitled "STUDY ADOLESCENTS"

is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE

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# "STUDY ON RELATIONSHIP BETWEEN HAPPINESS AND SOCIAL SUPPORT AMONG MARRIED AND UNMARRIED YOUNG WOMEN"

A project submitted to University of Calicut in partial fulfillment of the Degree of

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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I, Ms. FATHIMATH FIDA hereby declare that the dissertation report entitled

### "A STUDY ON RELATIONSHIP BETWEEN HAPPINESS AND SOCIAL SUPPORT AMONG MARRIED AND UNMARRIED YOUNG WOMEN"

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# "A STUDY ON PERCEIVED SOCIAL SUPPORT FOR WORKING AND NON-WORKING WOMEN"

A project submitted to university of Calicut in partial fulfillment of the degree of

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I, Ms. FEMIYA JOSY hereby declare that the dissertation report entitled "A STUDY ON PERCEIVED SOCIAL SUPPORT FOR WORKING AND NON-WORKING WOMEN" is a bonafide work done by me for the award of Degree of Bachelor of Science in Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in ay University for the award of any Degree or Diploma

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### "SOCIAL INTERACTION ANXIETY AMONG COLLEGE STUDENTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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# "INFLUENCE OF PERCEIVED SOCIAL SUPPORT ON SELF-ESTEEM AMONG COLLEGE STUDENTS"

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I. Mrs. Lakshmi K hereby declare that the dissertation report entitled "INFLUENCE OF PERCEIVED SOCIAL SUPPORT ON SELF-ESTEEM AMONG COLLEGE STUDENTS" is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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### "LIFE SATISFACTION AND SELF-ESTEEM AMONG COLLEGE STUDENTS"

A project submitted to University of Calicut in partial fulfilment of the Degree of,

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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II, Ms. M. SIVASHANKARI PRIYADHARSHINI hereby declare that the dissertation report entitled " LIFE SATISFACTION AND SELF-ESTEEM AMONG COLLEGE STUDENTS" is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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# 'RELATIONSHIP BETWEEN PROCRASTINATION AND SELF EFFICACY AMONG YOUNG ADULT'

A project submitted to the University of calicut in partial fulfillment of the degree of

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### 'STUDYON LIFE STAISFACTION AND HAPPINESS AMONG WORKING AND NON-WORKING MOTHERS'

Aprojectsubmitted toUniversity ofCalicutin partialfulfillmentoftheDegreeof

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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'A STUDY ON LIFE SATISFACTION AND HAPPINESS AMONG WORKING AND NON-WORKING MOTHERS'

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Head of the dept.

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# 'PSYCHOLOGICAL WELL-BEING AND LIFE SATISFACTION AMONG BLOOD DONORS'

A project submitted to university of Calicut in partial fulfilment of the degree of

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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# "STUDY ON RELATIONSHIP BETWEEN JOB SATISFACTION AND MENTAL HEALTH AMONG SALES PEOPLE"

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# "PSYCHOLOGICAL WELL-BEING OF NURSES WORKING IN GOVERNMENT HOSPITALS AND PRIVATE HOSPITALS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

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"PSYCHOLOGICAL WELL-BEING OF NURSES WORKING IN GOVERNMENT HOSPITALS AND PRIVATE HOSPITALS' is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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Internal Examiner

External Examiner

### **ACKNOWLEDGMENT**

Apart from the efforts of me, the success of my project depends I argely on the encouragement and guidelines of many others. I take this opportunity to

# 'RELATIONSHIP BETWEEN ANXIETY AND SELF ESTEEM AMONG COLLEGE STUDENTS'

A project submitted to university of Calicut in partial fulfilment of the degree of

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Mrs .Nishma Mujceb hereby declare that the dissertation report entitled 'RELATIONSHIP BETWEEN ANXIETY AND SELF ESTEEM' is a bonafide work done by me for the award of Degree of Bachelor of Science in Psychology of the Calicut University during the year 2019-2022. This work has been placed by anybody in any University for the award of any Degree or Diploma.

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**NISHMA MUJEEB** 

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# "INFLUENCE OF LONELINESS ON ACHIEVEMENT ANXIETY AMONG HOSTELLERS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

### BACHELOR OF SCIENCE IN PSYCHOLOGY

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I, Ms. NITHYADAS.PP hereby declare that the dissertation report entitled "INFLUENCE OF LONELINESS ON ACHIEVEMENT ANXIETY AMONG HOSTELLERS" is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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NITHYADAS.P.P

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Internal Examiner

# "ANXIETY AND DEPRESSION AMONG TEENAGE GIRLS AND BOYS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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I, Ms.RIZA hereby declare that the dissertation report entitled

### "ANXIETY AND DEPRESSION AMONG TEENAGE GIRLS AND BOYS"

is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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Date

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# 'ATTITUDE TOWARDS HOMOSEXUALITY IN MALES AND FEMALES'

A project submitted to university of Calicut in partial fulfilment of the degree of

# **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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MISS. SAITHYA PS hereby declare that the dissertation report entitled 'ATTITUDE TOWARDS HOMOSEXUALITY IN MALES AND FEMALES 'is a bonafide work done by me for the award of Degree of Bachelor of Science in Psychology of the Calicut University during the year 2019 -2022. This work has been placed by anybody in any University for the award of any Degree or Diploma.

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SAITHYA PS

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Dr. Lijiya Munjin Guide/Supervisor

Dr. Rayin George Head of department

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### 'A STUDY ON THE RELATIONSHIP OF BODY SHAPE AND STRESS AMONG ADULT'

A project submitted to the University of calicut in partial fulfillment of the degree of

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# うつうつうつうつうつうつつつつりつりつりつりりりりりつつつででくく

# **DECLARATION**

Mrs.SHABEEBA NASRIN C here by declare that the dissertation report entitled" A STUDY ON RELATIONSHIP OF BODY SHAPE AND STRESS AMONG ADULTS" it is a bonafide work done by me for the award of the Degree of Bachelor of Science on Psychology of the Calicut University during the year 2019-2022. This work has not been placed by anybody in any University for the award of any Degree or Diploma.

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SHABEEBA NASRIN C

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# 'HAPPINESS AMONG THE HOSTELERS AND DAY SCHOLARS'

A project submitted to university of Calicut in partial fulfilment of the degree of

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### "INTERNET ADDICTION AND ANXIETY AMONG COLLEGE STUDENTS"

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APPROVAL OF DISSERTATION

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### 'A STUDY ON RELATIONSHIP BETWEEN SOCIAL INTERACTION ANXIETY AND PSYCHOLOGICAL WELLBEING AMONG YOUNG ADULTS'

A project submitted to the University of calicut in partial fulfillment of the degree of

### **BACHELOR OF SCIENCE IN PSYCHOLOGY**

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### "STUDY ON RELATIONSHIP BETWEEN INTERNET ADDICTION AND AGGRESSION AMONG ADOLESCENTS"

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# "STUDY ON RELATIONSHIP BETWEEN SLEEP QUALITY AND EXAM ANXIETY AMONG COLLEGE STUDENTS"

A project submitted to University of Calicut in partial fulfillment of the Degree of

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### " A STUDY ON RELATIONSHIP BETWEEN SLEEP QUALITY AND EXAM ANXIETY AMONG COLLEGE STUDENTS"

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CARMEL HILL MALAPARAMBA (P.O.) CALICUT - 673 009

### **CERTIFICATE**

This is to certify that the following students of I year B.Sc. Psychology completed their project/ fieldwork as a part of their curriculum during the academic year 2021-22

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AMINA NIHALA
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ARATHI K
ARYA T V
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AVANTHIKA PRAKASH
AYSHA NIDHA P
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CHAITHRA K P
DARIN CHAND
DHARSHANA UMESHAN
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THEERTHA DEVADAS P	

Dr. Sr. Jaseena Joseph Principal (PEN 470173) Providence Women's College Kozhikode - 673 009

### DEPARTMENT OF PSYCHOLOGY

# Experiential learning through field work at Government Medical College Campus School, Calicut

First year Bsc. Psychology students (2021-2024 batch) of Providence Women's college visited Government Medical College Campus School, Calicut on 25June 2022. 49 students from the 2021-2024 batch participated in the visit. The main objective of the visit wasto support the school in keeping their premises neat and tidy and also to make students understand the importance of protecting mother nature and love nature. It was a different experience for students as they are in their first year of the degree program. Filed work helped students to build new friendship, get to know their classmates in a better manner and also to enjoy caring nature. Students also got the opportunity to interact with teachers in the school. From feedback collected from students, it was found that the day was well spent knowing more about plants, enjoying being with nature and friends.

DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE CALICUT-673009

Dr. RINJU GEORGE
Assistant Professor & HOD
Dept. of Psychology
Providence Womens College
Calicut - 673009

#### **Meeting Minutes**

Meeting Date- 02/06/2021

Meeting venue- GMEET

Meeting called by: Dr Rinju George

**Meeting Participants** 

Dr Rinju George

Dr Lijiya Manju

Ms. Asritha Raj

Meeting Agenda: Offering field work/ projects for all the years during the academic period of 2021-22

#### Points of Discussion

- HOD briefed about implementing of a new program to the entire department students.
- Dr Rinju informed the team about coming up with a field work/project for first- and second-year students of psychology as they are not having compulsory project work in first two years.
- Third years are excluded from this activity as it is mandatory for them to do a project in the third year.
- Different possibility to have projects have discussed.
- Dr Manju mentioned about the difficult part to have a field work as covid cases are increasing day-by-day.
- Finally, team decided to have a single project this year for two years once the covid rates drop.
- For present second years department as a whole decided to have a year long work with IPM as many are already working for Institute of Palliative Care.
- Dr Lijiya Manju was assigned as the teacher co-ordinator and Ms. Thahania from 2<sup>nd</sup> year was decided as student co-ordinator for the programme.
- For the up-coming first year it was decided to have a field work at any of the schools in the nearby locality.
- Ms. Asritha Raj was assigned as the student co-ordinator

PROVIDENCE WOMEN'S COLLEGE
CALLEGE 13003

Dr. RINJU GEORGE
Assistant Professor & HOD
Dept. of Psychology
Providence Womens College
Calicut - 673009

 As students are yet to join for the degree program field work date was approximately decided as June 2022.

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Dr. RINJU GEORGE
Assistant Professor & HOD
Dept. of Psychology
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Calicut - 673009

PROVIDENCE WOMEN'S COLLEGE CALICUT-673009







## Providence Women's College

Re-Accredited with A+ Grade by NAAC

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CARMEL HILL MALAPARAMBA (P.O.) **CALICUT - 673 009** 

### **CERTIFICATE**

This is to certify that the following students of II year B.Sc. Psychology completed their project/ fieldwork as a part of their curriculum during the academic year 2021-22

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ABHISHA V P	4
ADEEBA FATHIMA T V	
AFNAN JENNATH	
AISWARYA M	
AKSHATHA M K	
AMEYA JOHNS	
AMNA ASHRAF T K	
ANN MARIYA	
ANSHA A	
ARATHI S SKAW	
ARATHI SANTHOSH KUMAR	
ARDRA N	
ASWATHY P	
ATHIRA M	
AYISHA SHIHA	
CEANNA P U	
DEEPITHA M	
DEVIKA T	
DILFA JAFER	
FATHIMA NOURIYYA Y	
FATHIMA SANU T K	
FATHIMA THAHANIYA P	
HAMNA A P	

HIBA FATHIMA MUHAMMED

PROL

ALICUT-9

BASHEER SEENATH

HIDA THASNEEM	
JEEVITHA JYOTHI BIJU	
LETTISHIYA JAMES	
MIDHUNA S	
NANDANA K	
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NANDANA S	
NEHANA K M	
PARVATHY K	
REEMA WILSON	
RENITA ROHIT	
RIFA	
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SWATHI K SATISH	
VARNA LAKSHMI V P	
VISMAYA SAJEEVAN E	
VISMAYA V K	F
YASMIN P	
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Dr. Sr. Jasee Principal (PEN 470173) Providence Women's Colleg€ Kozhikode - 673 009

# EXPERIENTIAL LEARNING THROUGH FIELD WORK AT INSTITUTE OF PALLIATIVE CARE

For a period of one academic year (2021-22) students of 2nd-year Psychology (2020-2023 batch) worked closely with the Institute of Palliative care, Calicut. Students visited the centre during the weekends. Being psychology students, they got the opportunity to work closely with inmates, interact with them, and involve in offering counselling sessions for the inmates. Many students completed a train the trainee course for Community Volunteer Training at IPM. Students also got clinical training sessions from experts at IPM and also got the opportunity to interact with psychology students, social work students, and professionals in the field of psychology. Other activities in which students are involved include cleaning the premises of the palliative care, preparing food for the inmates and collecting clothes, and arranging clothes for inmates. A total of 48 students got beneficial out of this initiative. From the feedback collected from students, it was found that through one year-long interaction with IPM they could build on their social skills, form new friendships and see the practical side of what they have learned in their regular curriculum and also got trained in skills that are very much needed to practice as a psychologist.

PROVIDENCE WOMEN'S COLLEGE
CALICUT 672009

Dr. RINJU GEORGE
Assistant Professor & HOD
Dept. of Psychology
Providence Womens College
Calicut - 673009

### **Meeting Minutes**

Meeting Date- 02/06/2021

Meeting venue- GMEET

Meeting called by: Dr Rinju George

**Meeting Participants** 

Dr Rinju George

Dr Lijiya Manju

Ms. Asritha Raj

Meeting Agenda: Offering field work/ projects for all the years during the academic period of 2021-22

#### Points of Discussion

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- Dr Rinju informed the team about coming up with a field work/project for first- and second-year students of psychology as they are not having compulsory project work in first two years.
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- Finally, team decided to have a single project this year for two years once the covid rates drop.
- For present second years department as a whole decided to have a year long work with IPM as many are already working for Institute of Palliative Care.
- Dr Lijiya Manju was assigned as the teacher co-ordinator and Ms. Thahania from 2<sup>nd</sup> year was decided as student co-ordinator for the programme.
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- Ms. Asritha Raj was assigned as the student co-ordinator

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 As students are yet to join for the degree program field work date was approximately decided as June 2022.

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Dr. RINJU GEORGE
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Dept. of Psychology
Providence Womens College
Calicut - 673009

DEPARTMENT OF PSYCHOLOGY PROVIDENCE WOMEN'S COLLEGE CALICUT-673009











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CARMEL HILL MALAPARAMBA (P.O.) CALICUT - 673 009

### **CERTIFICATE**

This is to certify that the following students of B.Sc. Psychology completed their Internship as a part of their curriculum during the academic year 2021-22

SL.NO.	NAME
1	JEEVITHA JYOTHI BABU
2	LAKSHMI K
3	ANGEL SANDRA MARIYA
4	SHAHA HARIS
5 M SIVASHANKARI PRIYADHARSHIN	



Dr. Sr. Jaseena Joseph Principal (PEN 470173) Providence Women's Colleg∉ Kozhikode - 673 009



# COMMUNITY RADIO MATTOLI 90.4 FM

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Phone: +91 4935 242008. Mob: 91 9446034422, GSTIN: 32AAATW0782H2ZI
Web: radiomattoli.com, Email: radiomattoli@gmail.com



### Internship Completion Certificate

This is to certify that Ms. Jeevitha Jyothi Biju, Psychology student of Providence Women's College, Calicut has successfully completed her Internship in Community Radio Mattoli (90.4 FM), Dwaraka, Wayanad, Kerala from 18.04.2022 to 31.05.2022.

During her internship she gained experience in production of radio programmes. She could understand the working setup of Community Radio and could enter into the social scenario of Wayanad District by making field visits and recording programmes. Her socially committed interpersonal interaction and community involvements are specially appreciated. I wish her all the best for a bright career and blessed life.

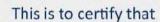
Dwaraka 31.05.2022



Fr. Bijo Karukappally Station Director

www.mindfullivingindia.com

# CERTIFICATE OF INTERNSHIP



Lakshmi K

has attended Online Internship Training at

### **Trust Center for Mindful Living**

from 01/05/2021 to 15/05/2021.

Total days of training were 15 days.

Q ... to

Dr. Prajeesh Palanthara Director & Psychologist TRUST Center for Mindful Living Myrate

Mr. Jeril Joseph Director & Psychologist TRUST Center for Mindful Living



Reg.No. 67/2012, Hilite Business Park, Thondayad Bypass Kozhikode - 673014, Ph: 9562122199, 0495 2436704 contact@humancarefoundation.net, www.humancarefoundation.net

Department of Clinical Psychology

Data		
Date	 	*******
1.0000000000000000000000000000000000000		

### CERTIFICATE

This is to certify that Ms. SHAHA HARIS V, pursuing BSc Psychology from Providence Women's College, has undergone internship in counseling from 11-04-2022 to 30-04-2022, at the Department of Clinical Psychology, Human care foundation (HCF), Kozhikode.

During the period of internship, She was found to be a good observer, learner, and attentive to all the details of assessments and counseling skills in the area of psychology. Her character and conduct were found to be good.

We are certain that the knowledge and skills they have acquired during the internship will serve them well for a successful career in counseling and clinical psychology and wish them all the best for their future

JAISAL JAMAL

**HOD & Clinical Psychologist** 

Human Care Foundation, Calicut.

JAISAL JAMAL M.Sc (Psy), M.Phil (Clinical Psychology) Clinical Psychologist RCI Reg.No: A61614





No.: MW\_OIP\_SEPT01/10/2021

05-10-2021

Medical College, Kozhikode

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. M. Sivashankari Priyadharshini has underwent an online internship program in Psychology, conducted by Mind Weavers, Kozhikode, Kerala, from 7<sup>th</sup> of September to 5<sup>th</sup> of October 2021.

The 100 hours long internship covered topics from fundamentals of mental health and wellbeing, identifying common mental health issues, providing psychological support during distress, case history and mental status examination in psychiatry, basics of psychotherapy, psychological assessments, basics of psychological research and so on.

During this period, she had the opportunity to take part in case discussions, role-plays, skill enhancement programs and interactive sessions.

We are happy to inform you that **Ms. M. Sivashankari Priyadharshini** actively took part in the learning, interactive sessions, and in the submission of various assignments.

We would also like to wish Ms. M. Sivashankari Priyadharshini all the success in future.

A ALL

Muhammed Ali P. K.
M. Phil., NET
CRR No.: A65498
Clinical Psychologist & Academic Head
Mind Weavers

Akhil T. S. M. Phil., NET CRR No.: A61922 Clinical Psychologist Mind Weavers



No.: MW\_OIP\_SEPT09/10/2021

05-10-2021

Medical College, Kozhikode

#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Angel Sandra Mariya** has underwent an online internship program in Psychology, conducted by Mind Weavers, Kozhikode, Kerala, from 7<sup>th</sup> of September to 5<sup>th</sup> of October 2021.

The 100 hours long internship covered topics from fundamentals of mental health and wellbeing, identifying common mental health issues, providing psychological support during distress, case history and mental status examination in psychiatry, basics of psychotherapy, psychological assessments, basics of psychological research and so on.

During this period, she had the opportunity to take part in case discussions, role-plays, skill enhancement programs and interactive sessions.

We are happy to inform you that **Ms. Angel Sandra Mariya** actively took part in the learning, interactive sessions, and in the submission of various assignments.

We would also like to wish Ms. Angel Sandra Mariya all the success in future.

Muhammed Ali P. K. M. Phil.. NET

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CRR No.: A65498

Clinical Psychologist & Academic Head Mind Weavers Akhil T. S. M. Phil., NET CRR No.: A61922

Clinical Psychologist
Mind Weavers